

MARCOOLA HANDBOOK SEASON 2024/25



Welcome to Marcoola SLSC and the Junior Activities Program. Thank you for trusting us with your child's lifesaving education and experience. We hope it is an enjoyable one for you all. The goal of the Marcoola SLSC Junior Activities Program remains quite simple:

"To deliver a quality lifes aving program for all members, with a focus on surf awareness, surf safety and improved surf skills, with an emphasis on FUN."

The Surf Life Saving Junior Activities Program has been operating in Queensland since 1968. Currently in Queensland our junior members make up over one third of our total membership, boasting the largest membership total of all membership categories. To ensure that Junior Activities thrive within Surf Life Saving, the following objectives have been designed to encourage and support our young members:

- Provide the best possible lifesaving experience for all Junior Activities members with the overarching aim being to encourage long-term active participation.
- Provide opportunities for Junior Activities members to participate in enjoyable lifesaving activities and competition in an aquatic environment by offering a wide variety of activities suited to the skill and maturity levels of all juniors.
- Ensure the juniors are safe on Australian's beaches through the provision of beach safety education programs.
- Develop a team-based philosophy encompassing leadership, camaraderie, teamwork and fun.

Promote social, emotional and physical growth and development in a healthy and safe environment.

Surf Life Saving activities should be coordinated to ensure Junior Activities members have positive experiences regardless of their development status and should be focused on FUN and learning. These learning opportunities should focus on personal improvement in both surf sports and lifesaving skills.

Young people have differing learning needs and these needs should be catered for throughout all Junior Activities programs.

Again, welcome to Marcoola SLSC. We hope you and your Nipper enjoys their experience on the beach, in the surf and around our Club.



Marcoola SLSC is committed to safeguarding children and young people in our membership. We acknowledge that a child-safe organisation doesn't just happen; it requires conscious effort to protect children and young people from harm.

Marcoola SLSC will work together to ensure a safe and inclusive environment for all children participating in our community. We recognise that our staff, volunteers, and members must understand the important responsibilities they each have in relation to child safety. Every person bound by this statement of commitment must always place the safety and welfare of children and young people above all other considerations.

Several measures will be used to achieve this such as:

- Prohibiting any form of abuse against children.
- Providing opportunities for our juniors to contribute to and provide feedback on our program development.
- Carefully selecting and screening people whose role requires them to have regular contact with children.
- Ensuring our code of conduct for people in positions of authority, is promoted and enforced particularly for roles associated with junior sport.
- Providing and promoting avenues for raising concerns or complaints; and Providing regular education and/or information to those involved in lifesaving on child abuse and child protection.
- Ensuring safeguarding policy and procedures are communicated and understood by relevant staff and members.

The Marcoola SLSC requires that if anyone bound by this statement of commitment reasonably suspects that a child within our organisation, has been or is being abused report it immediately to the police or Department of Communities Child Safety and Disability Services, and the club's nominated Child Safety Co-ordinator.

All allegations of child abuse will be dealt with promptly, seriously, sensitively, and confidentially. A person will not be victimised for reporting an allegation of child abuse and the privacy of all persons concerned will be respected.

Together we commit to provide an environment where children feel safe, respected, and valued. As the President of Marcoola SLSC, I hereby sign this Statement of Commitment 8th July 2024.

Ben Allsopp President - Marcoola SLSC

SURF LIFE SAVING

Surf Life Saving exists to save lives, create great Australians and build better communities

Despite significant advancements in technology, techniques and knowledge, people still drown on the coast in unacceptable numbers. Surf Life Saving exists to save lives, and we are committed to reducing the coastal drowning rate by 2025.

With 181,572 members and 314 affiliated Surf Life Saving clubs, Surf Life Saving Australia represents the largest volunteer movement of its kind in the world.

SLSA has a proud heritage with over 110 years of history and tradition. Since 1907, the organisation has grown significantly, and knowledge gained has been passed on from one generation to the next. This growth has been fundamental to SLSA's success in managing some of the most dangerous and unpredictable beaches in the world. Over the years, more than 685,000 people have been rescued by a surf lifesaver.

Surf Life Saving Queensland (SLSQ) is the Queensland state body and is situated at Surf Rescue House in South Brisbane. Queensland has 58 clubs and 6 branches servicing the coastal areas from Port Douglas in the north, to Rainbow Bay on the NSW border. Marcoola Surf Life Saving Club (SLSC) is affiliated to SLSQ and the Sunshine Coast Branch and is one of 15 clubs on the Sunshine Coast.

OUR VISION: ZERO PREVENTABLE DEATHS IN QUEENSLAND WATERS



SLSQ MEMBERS CODE OF CONDUCT

Members and all people involved in any way with SLS will:

a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself

b) Be ethical, considerate, fair, courteous, and honest in all dealings with other people and organisations

c) Be professional in, and accept responsibility for your actions

d) Be aware of and always follow Marcoola SLSC' standards, rules, policies and

procedures and promote those standards, rules, policies and procedures to others

e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS

f) Understand the possible consequences of breaching the codes and/or this policy

g) Report any breaches of the codes or this policy to the appropriate PPA

h) Refrain from any form of abuse, harassment, discrimination, and victimisation towards others

i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner

j) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy

k) Show concern, empathy and caution towards others that may be sick or injured I) Be a positive role model to all

m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information

n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)

o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development

p) Refrain from intimate relations with persons over whom you have a position of authority

q) Agree to abide by the codes

r) Maintain a duty of care towards others

s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA):

PPA includes everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

OUR CLUB HISTORY

On a sunny Sunday morning on the 26th January 1969, Marcoola Beach Surf Life Saving Club was formed outside the Marcoola Beach kiosk. Interestingly, the Nipper Club was in operation before the seniors began their first patrol.

In its first season, the Club had only twenty-two members, but that year they placed third in the March Past competition at Branch Titles and won 11 pennants across three surf sports carnivals. This team were known as the Marcoola Dolphins, and because of this, the Club's emblem has since been a dolphin.

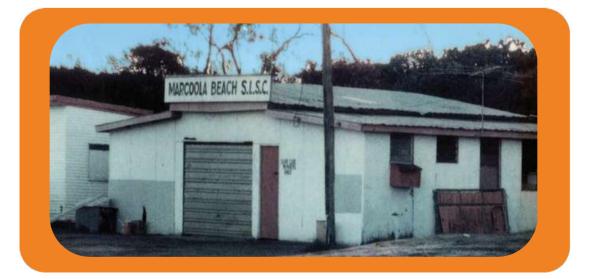
In 1979, Marcoola formed the first Nipperette Club (females) on the Sunshine Coast. This was before women were officially allowed to join the movement. Branch officials were not impressed, and the Club was severely reprimanded. Just one year later, in 1980, females were permitted to become full members of the Surf Life Saving movement and join their male counterparts in patrolling the beach.



The first clubhouse at Marcoola was completed in 1970, and it was a simple one- story fibro structure. The population of both the Marcoola community and the membership of the Club grew rapidly, and a larger facility was soon needed, so the old clubhouse was demolished, and a new two-storey building was completed in 1984. A number of extensions have since been added.

In 2019, Marcoola SLSC celebrated its 50th anniversary with a number of special events throughout the year. From its humble beginnings to the iconic club, it has become today, it's been a wonderful journey.

Take the time to inspect our honour and photo boards that are proudly on display in the Supporters' Club. You will see just a small number of the people who have made Marcoola SLSC what it is today.



PARENTS & CAREGIVERS INVOLVEMENT

As a small club, the active involvement of our Nipper Parents and Caregivers has been the key to the ongoing success of our Nipper Program. **It is run solely by volunteers and relies on parents and caregivers getting involved and helping out.** Our wonderful group of parents and caregivers have as much fun as our Nippers and is a true testament to the family environment we enjoy here at Marcoola.

Did you know....

It takes a dedicated army of volunteers each week to safely conduct our Sunday Nipper Program. Last season we had 250 registered Nipper's and needed the support of 70 volunteers each week.

The Club cannot function without people volunteering their precious time and there are a number of ways you can assist our club. All Nipper Families are required to assist the Club during the Season & especially on Sundays with a range of activities.

How can you help?

You don't have to be the fastest swimmer or the best board paddler to offer value (although more of them are always welcome!). If you are happy to volunteer, we will find a role for you. There are so many ways you can support our Nipper Program.

WE ARE CURRENTLY SEEKING PARENTS/CAREGIVERS TO FILL THE FOLLOWING POSITIONS:

- Age Managers All Age Groups
- Coaches Sprint, Flag and Surf Education
- Water Safety
- Raffle Ticket Sellers (in the Supporters Club, Wednesday 6pm-7pm)
- Gear & Equipment Set Up & Pack Up Team
- Uniform Shop Coordinator
- Fundraising & Social Activities
- Surf Sports Team Managers
- Carnival Official

Please note: All volunteers participating in Nipper Activities must be a current Club Member, hold or obtain a Working with Children's Check (Blue Card) & complete SLS Child Safety online courses.

Help Us Put The Fun into Sundays for our little lifesavers!













SAFEGUARDING OUR NIPPERS

Marcoola SLSC is committed to promoting and protecting the safety and wellbeing of all children and young people who participate in Lifesaving at any level, through activities, programs, services and/or use of facilities by fostering a culture where children and young people feel safe and welcome.

Every member of Marcoola SLSC has the right to Be Safe, Feel Safe and Play Safe

WORKING WITH CHILDREN CHECK (BLUE CARD)

Marcoola SLSC, like all other Queensland Surf Lifesaving Clubs, must follow the policy as outlined by SLSQ. SLSQ is in turn following the guidelines of the "Queensland Family and Child Commission". For more detail, please refer to SLSQ's policy on 'Blue Card Screening'.

All Marcoola SLSC members and volunteers aged 18 years and over must hold a current Blue Card. There are no costs involved in obtaining your Blue Card if you are volunteer with Marcoola SLSC.

Blue Card Applications

- Create a Blue Card Services Member Account through Blue Card Services Online Application portal.
- Once completed, wait for your confirmation email from BCS with your Member Account Number (note: this is NOT your Blue Card number).
- Submit your Member Account Details to Marcoola SLSC Lifesaving Administrator (administrator@marcoolasurfclub.com.au)
- Await confirmation email from Blue Card Services and follow the steps in the email to complete your application

Blue Card Renewals

Blue Cards are current for a 3 year period. Existing "Blue Card" holders will be notified by SLSQ and also Blue Card Services when your card is due for renewal, 8 weeks in advance. Renew your card online via the Blue Card Services Account Member portal



NEW MEMBERSHIP APPLICATION

This section outlines the membership application process for the 2024/2025 season. This season all members are encouraged to complete their membership application using the SLS Member's Portal.

Application Steps

- 1. Head to the members portal and login http://portal.sls.com.au
- 2. Click 'Not a member of a surf club'
- 3. Select 'Surf Life Saving Club'
- 4. Select ' Marcoola SLSC' from the Club's list.

For Nipper Families:

- Select 'My Family'
- Name your Family (surname is ideal)
- Complete all personal details of all family members joining
- On 'Join' screen select: 'New Nipper Family Joining Fee'
- Create a Members area account (see steps below)
- Read and tick the declaration agreement boxes at the bottom of the page and submit
- Then click Submit
- Fill in your credit card details.
- Confirm everything and then press Submit

For All Other Members

- Select 'An Individual'
- Complete all personal details
- On 'Join' screen select: your price based on your membership
- Create a Members area account (see steps below)
- Read and tick the declaration agreement boxes at the bottom of the page and submit
- Then click Submit
- Fill in your credit card details.
 - Confirm everything and then press Submit

Membership Fees

Junior Activities Family: \$250.00 Cadets & Juniors: No Charge Seniors (18+): \$55.00 Award Members: \$55.00 Associate Members: \$75.00 New Patrol Members \$100.00

Create a Members Portal Account

- 1.Create a 'Members Account' SLS Members Area Create Account
- 2. Enter your details
- 3.You will receive a confirmation code / link by either email or SMS depending on the choice you made early.
- 4. Follow the instructions in the link
- 5. If you do not receive an email or SMS, please click the 'Resend Confimation Code' option on the portal homepage.
- 6. You can now follow the 'Membership Renewal Steps' as above.

IMPORTANT: New Nippers must supply proof of identification, so date of birth can be verified.

These can be emailed to nippers@marcoolasurfclub.com.au

Memberships will NOT be processed until this has been sighted.

ONLINE MEMBERSHIP RENEWAL

This section outlines the membership renewal process for the 2024/2025 season. This season all members are encouraged to complete their membership renewal using the Member's Portal. If you already have a Member's Portal account.

Renewal	1.Head to the SLS Members Portal and login - http://portal.sls.com.au
Steps	 Under the Membership tab, select Renewals, Payments & Transfers Click Renew Check details carefully and make any changes Read and tick the declaration agreement boxes at the bottom of the page and click Submit Make payment relevant to your Membership, using the fee table below. Click Submit Fill in Credit Card Details Confirm everything, press Submit

Membership Fees

Junior Activities Family: \$250.00 Cadets & Juniors: No Charge Seniors (18+): \$55.00 Award Members: \$55.00 Associate Members: \$75.00 New Patrol Members \$100.00

Cadet & Junior Members (13-17 years) need to follow the above instructions to renew their membership fee, however there is NO Membership Fee attached for returning members

Create a Members Portal Account

- 1.Create a 'Members Account' SLS Members Area Create Account
- 2. Enter your details
- 3. You will receive a confirmation code / link by either email or SMS depending on the choice you made early.
- 4. Follow the instructions in the link
- 5. If you do not receive an email or SMS, please click the 'Resend Confimation Code' option on the portal homepage.
- 6.You can now follow the 'Membership Renewal Steps' as above.

FAIR PLAY VOUCHERS



A copy of your FairPlay Voucher must be presented upon joining and the membership fee balance (\$50 per family) is to be paid to secure your child's place in our Nipper Program.

Marcoola SLSC are proud to be a FairPlay Activity Provider!

FairPlay is the Queensland Government's initiative empowering kids to be more active, more often. The popular FairPlay program is open to all Queensland children aged from 5 to 17 years from 1 July 2024, with the voucher value increased per child to \$200 to offset the rising cost of junior sport for families.

The number of vouchers for the program has also increased from up to 50,000 to up to 200,000. The additional 150,000 vouchers is available for Queensland children and young people aged between 5 and 17 years, to participate in sport and active recreation. There is a limit of 1 voucher per child per financial year.

Parents, carers or guardians can apply for FairPlay vouchers valued up to \$200 for their eligible child to use for sport and active recreation membership, registration or participation fees with us!

To find out more visit:

www.qld.gov.au/fairplayvouchers

A copy of your FairPlay voucher must be presented upon joining and the membership fee balance (\$50 per family) is to be paid to secure your child's place in our Nipper Program. We're a FairPlay activity provider

KEEPING UP TO DATE

This season we will be using the Marcoola Surf Life Saving Club Stack App for communicating important messages about the Nipper Program. Loads of information already appears on the on the App and lots to follow during the season. Please ensure you follow these instructions below to register. Once you have joined the **Marcoola Surf Life Saving Club**, please join the **Nippers Marcoola Access Group.**

If you are wanting to learn more about Surf Life Saving and the Junior Activities Program, please feel free to download the Surf Life Saving Queensland App, which is also available via the Apple & Google Play Stores. It will prove to be a great resource should you have an enquiries.



NIPPER INFORMATION



NIPPERS RUNS FROM 7.30AM UNTIL 10.30AM EVERY SUNDAY MORNING, FROM SEPTEMBER THROUGH TO MARCH, COMMENCING ON THE SAND DUNE NEAR THE CLUBHOUSE (SUBJECT TO WEATHER CONDITIONS)

Age Award

Each season our Nippers are working towards achieving their Surf Life Saving Age Award relative to their age group. These components are completed each week with the assistance of age managers and patrol members in the program rotations. All competencies and age award requirements **need to be completed by 31 December** to receive Age Award Certificate and Medal.

Nipper Muster

Each Sunday we hold a Nipper Muster on the grassed area near the club, commencing at 7.30am. Important information regarding the program, conditions and information will be shared here. **Please note that we are not a drop and run organisation, one parent must remain on the beach for the duration of the program.**

Sign In and Sign Out Procedure

Each Sunday your Nipper should arrive at the beach in time for the 7.30am Nipper Muster. They should be in their **chosen swimwear**, have a **Nipper Hi-Vis Rash Vest** and their **sunscreen on**, have their **towel**, water bottle and **Nipper Cap** with them. Parents should meet their child's Age Manager at the Muster Point and sign their Nipper into the program for the morning. Once the Nipper is signed in with the Age Manager, their Nipper Cap can be placed on and secured. Responsibility is then assumed by the Age Manager. On conclusion of the program, a parent must be present to sign their Nipper out. Once signed out, the colored Nipper Cap must come off and parents are to assume responsibility for their Nipper once again.

Points Days

Points days are held throughout the season for Under 11's - Under 13's. These days will be held during the year when conditions are suitable. They are run in a carnival format, with water and beach events. Points allocated on these days will be added to attendance points gained by attending training days. The aim of the points system is to develop and foster Surf Life Saving skills and reward active participation. Points are accumulated throughout the season to determine trophy winners for End of Season Presentation.

Points days are held at the discretion of the Junior Activities Chairman and Patrol Captain and may be rescheduled if conditions require.

NIPPER INFORMATION

End of Season Presentation Night

Our End of Season Nipper Presentation heralds the end of the season for our Nippers. This occasion recognises the efforts the children have put in during the season. Each child will receive a medal and a certificate that recognises the completion of the Junior Surf Education Program. All competencies and age award requirements need to be completed by 31 December to receive Age Award Certificate and medal.

Additional trophies are awarded per age group for the best performances on points days and attendance at training.

Nipper Photos

Throughout the season we will take Nipper Individual & Team photos. Dates will be set and circulated in advance. Each Nipper will be presented with their photos at the End of Season Presentation.

Behaviour Management

Marcoola Nippers recognises that every person involved in surf lifesaving needs to be treated with respect and dignity, in a safe and supportive environment. The Marcoola Nipper Program has a number of guidelines, policies and resources to assist members in maintaining a safe and nurturing environment:

Behaviour Management Guidelines

Marcoola Nippers has a 'duty of care' to all children who attend and volunteers who assist with the running of Nippers. Behavioural guidelines have been implemented and each child is asked to adhere to these guidelines. Any inappropriate behaviour will be dealt with within our Behavioural Management Guidelines (available from the Age Managers or Registrar)

All-Inclusive Club Marcoola SLSC is an all-inclusive club, we have an appointed Inclusions Officer, who has the role of working with parents to determine how we can best support your nipper confidently and safely on the beach during the program.

Our question to each Nipper parent is: **Does your child have any specific needs that our JAC Team need to know about?** Examples of this may include disability, medical conditions, phobia, trauma, behavioural issues or physical limitations in the surf.

If you have answered **YES** to any of the above, please email more details to **inclusions@marcoolasurfclub.com.au** and we will make contact. Please know our aim is to offer a supportive, positive environment in which all our Nippers can thrive.

NIPPER INFORMATION

Gear & Equipment

Club gear and equipment is there for members to use, however everything is very expensive to repair and replace, so members are expected to have a certain level of duty of care when using any equipment or utilising club facilities.

Any use of Junior Activities gear must be arranged through the JAC Chairman. This means ALL gear, from tent pegs to rescue boards.

Boards should be carried, not dragged and should be laid fin up on the sand gently. They should not be sat on. Foam boards are for U8, U9 and U10s only. Fiberglass boards are for U11, U12, U13 and U14s and senior club members.

When you have finished using a board, wash off all sand and put it away. **All damages must be reported immediately to the gear & equipment officer or age manager.** Members who mistreat boards will not be allowed to use them until they can demonstrate appropriate conduct and may be asked to contribute towards the cost of repairs.

Nipper Uniform & Swimwear

Each Nipper is required to wear a Pink Hi-Vis Rash Vest & Nipper Cap (relevant to their Age Group) while participating in Nipper Sundays and any Nipper training. **There are no exceptions to this rule: we take the safety of our Nippers very seriously**. Please ensure your Nipper arrives with these two items every week.

Club clothing, swimwear and merchandise is available as optional extras, There are a wide range of items available and we encourage you to check out the latest gear.

The Uniform Pop-Up Shop is open each Nipper Sunday from 8am - 9am or from the Surf Club's Administration Office weekdays.

Marcoola SLSC competition colours are orange and white. The competition cap is worn at Surf Sports carnivals when representing Marcoola SLSC. Those that are lucky enough to wear it should do with pride!





MARCOOLA SLSC AGE GROUPS

Below are the age group birth dates ranges associated with those age groups. Date is calculated as of 30 September. For further information refer to the Junior Colour Caps & Age Group for Season Documents that can be located on the Club Website.







August

Thursday 1 August: Online Membership Renewals Open.

Existing Nippers position in the program guaranteed until midnight on Friday 23 August.

Saturday 24 August: Nipper Sign On Day

Welcoming new Nippers and Families. 9:00am - 12:00pm Marcoola Surf Club

September

Sunday 8 September: Pool Swim Evaluation 9.00am - 12.00pm Flying Fish Swim School

Sunday 8 September: Parent Information Session 1.00pm - 3.00pm Marcoola Surf Club

Sunday 22 September: Surf Evaluation Day 7.30am - 10.30am Marcoola Beach

Sunday 29 September: First Day of Nippers 7.30am - 10.30am Marcoola Beach

October

Friday 11 October: Nipper Disco "Beach Season is Back" 6:00pm - 9:00pm Marcoola Supporters Club

Sunday 27 October: Nipper Points Day (U11-U13) Marcoola Beach

Note: Surf Sports Calendar & Events will be circulated separately

November

Sunday 3 November: Nipper Photo Day Individual & Team Photos Marcoola Surf Club

Sunday 10 November: Nipper Photo Day (Back Up) Individual Only Marcoola Surf Club

Sunday 24 November: Nipper Points Day (U11-U13) Marcoola Beach

December

Sunday 15 December: Nipper Christmas Last Nipper Sunday for 2024

Sunday 22 December - 26 January 2025 Nipper Break

January

Sunday 26 January: Nipper Australia Day Fun Day (Optional Fun Day) Marcoola Beach

February

Sunday 2 February: Nippers returns for 2025! Marcoola Beach

Sunday 23 February: Nipper Points Day (U11-U13) Marcoola Beach

March

Sunday 16 March: Last Nippers for 2024 Marcoola Beach

Saturday 23 March: Nipper Presentation, End of Season Party and General Meeting Marcoola Supporters Club



6:45am: Set Up Team Arrive
7:15am: Nippers arrive & sign on
7:30am: Briefing
7:50am: Program Starts - Session 1
10:20am: Program Concludes - Session 6
10:25am: Pack Up - BBQ Available

	AGE GROUP	RESPO	NSIBILITIES	
Date	Set Up & Pack Up	BBQ	Reminders	Program Rotation
29 Sept	ບາາ	U10		1
6 Oct	UIO	U9		2
13 Oct	U9	U8		3
20 Oct	U8	U13		1
27 Oct	U13	U12	Points Day	2
3 Nov	U12	UII	Photo Day	3
10 Nov	บาา	U10		1
17 Nov	UIO	U9		2
24 Nov	U9	U8	Points Day	3
1 Dec	U8	U13		1
8 Dec	U13	U12		2
15 Dec	U12	UII	Nipper Xmas	3

22 Dec - 26 Jan

XMAS BREAK - NO NIPPERS

26 Jan	AUSTRALIA DAY NIPPER FUN						
2 Feb	UII	U10		٦			
9 Feb	U10	U9		2			
16 Feb	U9	U8		3			
23 Feb	U8	U13	Points Day	٦			
2 Mar	U13	U12		2			
9 Mar	U12	ບາາ		3			
16 Mar	UII	U10		1			
22 Mar		NIPPER	PRESENTATION				

Contacts

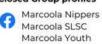
mippers@marcoolasurfclub.com.au

6 (07) 5448 7311

64-76 Marcoola Esp, Marcools Q 4564

www.marcoolasurfclub.com.au

Social Media Closed Group profiles



Send a request to join the groups that apply to you

Session 1: 7:50am - 8:10am Session 2: 8:15am - 8:35am Session 3: 8:40am - 9:00am Session 4: 9:05am - 9:25am Session 5: 9:30am - 9:50am Session 6: 9:55am - 10:20am Note: There will be a 5 minute transition between ead

	PROGRAM ROTATION 1					
	U8	U9	U10	UII	U12	U13
Swim / Wade	1	6	5	4	3	2
Sprints	2	1	6	5	4	3
Boards	3	2	1	6	5	4
Flags	4	3	2	1	6	5
Surfing	5	4	3	2	1.	6
urf Awareness	6	5	4	3	2	T.

PROGRAM ROTATION 2

	U8	U9	010	บบ	U12	U13			
Swim / Wade	6	5	4	3	2	1			
Sprints	1	6	5	4	3	2			
Boards	2	1	6	5	4	3			
Flags	3	2	1	6	5	4			
Surfing	4	3	2	1	6	5			
Surf Awareness	5	4	3	2	1	6			

PROGRAM ROTATION 3

	U8	U9	U10	UII	U12	U13
Swim / Wade	5	4	3	2	1	6
Sprints	6	5	-4	3	2	1
Boards	1	6	5	4	3	2
Flags	2	1	6	5	4	3
Surfing	3	2	1	6	5	4
Surf Awareness	4	3	2	1	6	5

Nipper Communications

Follow these steps to join our app: 1. Scan the OR code below & download Stack Team App or visit

www.teamapp.com.

 Sign up to Stack Team App and log in to your account.

to your account. 3. Search for 'Marcoola Surf Life Saving

 Search for 'Marcoola Surf Life S Club' and request to join.



PRELIMINARY SKILLS EVALUATION

Before nippers can participate in ocean activities, they need to complete a pool evaluation and assessment of beach competency.

Pool Evaluation

The pool evaluation is conducted after the child has signed on as a member and prior to the first day of nippers. **If your child has not completed the pool evaluation prior to training days they will not be able to participate.** The table below shows times and distances that need to be achieved to pass the pool swim. To pass, children must be able to swim continuously and unaided within the times and distances shown below.

Please note that we do not teach children how to swim at Nippers.

Competency Beach Evaluation

The competency test (run-swim-run) is conducted on training days at the beach. It involves a continuous effort of running, swimming and running.

Every junior member must successfully complete the Beach Evaluation prior to any water activities being undertaken, and prior to gaining their age award. Any child that does not meet the required evaluation level will require a higher level of supervision when involved in water based activities. Nippers who have not completed the Run Swim Run will only be able to enter the water if we have sufficient water safety to provide the higher level of supervision required.

For non competitors, the run-swim-run must be completed by 30 November, prior to Surf Education Awards being processed.

Competition Evaluation

After successfully completing the Competency Beach Evaluation, all children who wish to compete at carnivals, must complete the Competition Evaluation (open water swim as per the distances shown in the following table for that age group).





Junior Preliminary Evaluations – SLSQ

Age Group:

Child Name:

and a fully applied by the statement of the

Club:

Task Complete/Comments Instructions for Evaluation: Based on the child's age group, please ensure they can complete the tasks outlined in the table below. metres followed by survival stroke(s) breaststroke metres followed by survival stroke(s) breaststroke metres followed by survival stroke(s) breaststroke Swim on front any stroke for 100 metres followed Swim on front any stroke for 100 metres followed Swim on front any stroke for 75 metres followed perform a front glide (1-2 metres) & recover to perform a front glide (2-3 metres) & recover to Swim on front through water any stroke for 25 Swim on front through water any stroke for 25 Swim in front through water any stroke for 25 Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 From standing position in waist deep water, From standing position in waist deep water, and/or sidestroke and/or back sculling for and/or sidestroke and/or back sculling for and/or sidestroke and/or back sculling for by survival stroke(s) breaststroke and/or by survival stroke(s) breaststroke and/or by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres. sidestroke for minimum 50 metres. sidestroke for minimum 50 metres. minimum 50 metres. minimum 25 metres. minimum 10 metres. Propulsion metres) stand. stand. recover to surface, submerge to touch the recover to surface, submerge to touch the not recover to surface, submerge to touch the bottom with hands. backward roll/somersault underwater, do Submerge to touch the bottom with backward roll/somersault underwater, backward roll/somersault underwater, Submerge to touch the bottom with Submerge to perform forward or Submerge to perform forward or Submerge to perform forward or hands. bottom with hands. bottom with hands. Submersion hands. stroke sculling for a minimum of front float, 5 seconds each side. sculling for minimum 2 minutes Tread water and/or any stroke stroke sculling for minimum 3 Front to back float or back to Front to back float or back to Front to back float or back to side. Tread water and/or any minimum of 10 seconds and side. Tread water and/or any front float - 5 seconds each front float - 5 seconds each minimum of 5 seconds and minimum of 15 seconds, Back or front float for a Back or front float for a Back or front float for a recover to stand. recover to stand. recover to stand. Flotation 1 minute. minutes. Age Group Under 7 Under 10 Under 11 Under 13 Under 14 Under 12 Under 6 Under 8 Under 9

JAAO/Surf Coach/ Bronze Assessor Name:

Date Witnessed:

Dat

JAAO/Surf Coach/ Bronze Assessor Signature:

SKILLS TABLE



Every Nipper is required to complete an annual pool swim evaluation along with a surf swim evaluation (Run / Swim / Run) prior to commencing our program, to ensure their safety in the surf evironment.

FLYING FISH SWIM SCHOOL 21 Fishermans Road, Maroochydore

SUNDAY 8 SEPTEMBER 2024

9.00am - 10.00am - Under 8 & Under 9 10.00am - 11.00am - Under 10 & Under 11 11.00am - 12.00pm - Under 12 & Under 13

\$5 Entry Fee per Nipper, payable to Flying Fish Swim School Bring: Togs, Towel & Googles

NIPPERS ARE REQUIRED TO ATTEND ONE POOL & ONE SURF SESSION ONLY! Times are a guide only, in attempt to ensure these days run smoothly, please understand that it a huge task to get these evaluations completed for each of our Nippers, so your patience on these days is appreciated. We will try and accommodate families with nippers in multiple age groups where possible.

Under 14's are not required to complete a Pool Swim or Surf Evaluation on this day, it will be completed as part of their SRC Training Week.

Can't make the scheduled date?

We understand that not all Nippers will be able to make our scheduled day. It is mandatory that a Pool Evalutation Swim is completed prior to any Nipper entering the surf. Flying Fish Swim School do conduct Pool Swim Evaluations throughout the week, details as follows: Monday, Wednesday, Friday 3:45-4:00pm, bookings are essential and can be organised over the phone 5443 1159 or via email hello@flyingfishswimschool.com.au. Assessments will cost \$10 per Nipper. Please ensure swim assessment form is forwarded to the JAC Team on successful completion of the swim.

NO POOL SWIM = NO SURF START



MARCOOLA SLSC Members Area - Downstairs

SUNDAY 8 SEPTEMBER 2024 1.00pm - 3.00pm

New and existing Nipper Parents! Join us!

To learn more about our Club and our Nipper Program for this season. During this session, we will share essential information about our program, social events, key dates, volunteer opportunities and a Q&A with some of our Club Legends!





Every Nipper is required to complete an annual pool swim evaluation along with a surf swim evaluation (Run / Swim / Run) prior to commencing our program, to ensure their safety in the surf evironment.

SURF EVALUATION - MARCOOLA BEACH

SUNDAY 22 SEPTEMBER 2024

8:30am - 9:30am - Under 8 & Under 9 9:30am -10:00am - Under 10 & Under 11 10:00am - 10:30pm - Under 12 & Under 13

Head to the Marcoola Marquee on the beach for registration Bring: Togs, Towel, Rash Vest, Nipper Cap & Googles

Notes: NIPPERS ARE REQUIRED TO ATTEND ONE POOL & ONE SURF SESSION ONLY! Times are a guide only, in attempt to ensure these days run smoothly, please understand that it a huge task to get these evaluations completed for each of our Nippers, so your patience on these days is appreciated. We will try and accommodate families with Nippers in multiple age groups where possible.

Under 14's are not required to complete a Pool Swim or Surf Evaluation on this day, it will be completed as part of their SRC Training Week.

We understand that these times and dates may not be suitable for all. Should you be unable to attend this surf evaluation morning please know that the JAC Team will continue to conduct them for the first few Sunday's until all our Nipper's have completed this requirement.



NO POOL & SURF SWIM = NO NIPPER START

FRIDAY 11 OCT 2024

6.00PM - 8.00PM MARCOOLA SUPPORTERS CLUB -FUNCTION ROOM

more details to come

SURF SPORT COMPETITIONS

Surf Sports Involvement

Surf Sports participation at Marcoola SLSC is optional, we only have a very small but dedicated team representing our club at Branch, State and National competition. One of our goals this season is to encourage more of our Nippers to experience Surf Sports competition. If you think your Nipper would be interested in learning more please let us know. Based on interest received a Surf Sports Information Session may be organised.

Nomination Process

It is your responsibility to nominate for a carnival through the Team Manager. All information pertaining to carnivals, including closing dates and events is located on the notice board. Nominations are made to the Team Manager or Club Administrator prior to the carnival closing date.

Competition events include:

- Swimming (Surf Races, Tube Races, Ironman/Ironwoman, Board Rescue, Taplin Relay and Cameron Relay)
- Craft (Board Races, Board Relay, Ski Races, Ski Relay, Double Ski, Surf Boats and Board Riding)
- Beach (Sprints, Sprint Relay, Flags and March Past)

If you have nominated for a carnival, you must attend. You will be charged any costs incurred by the Club if you fail to attend although exemption from this may be granted in extenuating circumstances.

If you have been nominated in a team event, you will be expected to compete in that event unless exempted by the Team Manager.

Carnival Officials

At all surf lifesaving carnivals clubs must provide Carnival Officials at a ratio of 1 Official per 10 competitors. As a Carnival Official, you can specialise in water events, beach events, Boats and/or Surf Rescue and R&R events. Carnival Official courses are conducted by the Sunshine Coast Branch, normally at least twice during the season – Technical Official is the minimum requirement to officiate at carnivals. Should you require any further information, you should contact Marcoola SLSC Officials Coordinator or the Club Administrator.

Water Safety (IRB's and Crewing)

Carnivals require the support of all clubs to provide IRB Drivers and Crew during carnivals. An additional skill that may be required by some club IRB Drivers is to attend and pass a 'Can Laying Course'. This is required for both Junior and Senior Carnivals.

Water Safety (Junior Carnivals)

Water Safety is a mandatory requirement for all Junior Carnivals – minimum requirement for those providing water safety is either Bronze Medallion or SRC. Water safety shall be supplied for Junior Carnivals at the ratio of 1 water safety officer to 15 competitors. The Club actively encourages all members with Bronze or SRC qualifications to assist with water safety when they have a competitor entered.

SPONSORSHIP & FUNDING

Marcoola Surf Club Junior Activities Program relies heavily on its members throughout the year to optimise its fund-raising opportunities. All funds generated from fund raising events throughout the year, are channeled back to the Club for the purchase of essential nipper equipment. It is highly desirable that all members assist in Club organised fundraising events.

Sponsors play a massive role in our little club, not only with their monetary donations, but their time, manpower and in-kind donations which we couldn't do without. We love the relationships we build with our sponsors, and each year they get better and better.

We have a range of different sponsorship packages available, and our team would love to talk with you or someone you could refer to us, to see how we could work together to best suit everyone's needs.





Thank you to the our Junior Actuaties Sponsors for helping to make Sunday's FUN-days!



















We always welcome new sponsors! If you know a business that is interested in supporting our program please make contact

Contacts



PUBLIC PROFILES Marcoola SLSC @marcoolaslsc

x nippers@marcoolasurfclub.com.au (07) 5448 7311 64-76 Marcoola Esplanade, Marcoola Q 4564

www.marcoolasurfclub.com.au

Social Media

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& our admin will accept.

OUR SUPPORTERS CLUB

The Marcoola SLSC Supporters Club is your club, and it's the perfect place to relax with family and friends, enjoy a mouth-watering meal or ice-cold drink and take in the spectacular scenery. The Courtesy Bus will pick you up and drop you home, anywhere between Coolum and Bli Bli. Kids are even catered for, with our Beach Shack Kids Zone, fully equipped with PlayStation gaming consoles and plasma TVs.

Every Active, Award and Associate member of the Lifesaving Club receives a membership card to use upstairs in the Supporters Club Bar & Bistro. ALL Active patrolling members will receive \$55 onto their membership card once they've paid their club membership, which you can use in the bar or bistro.

The Club is open daily and has daily specials and promotions. We invite you to enjoy the facilities and activities we have on offer. Unwind on our stunning outdoor deck and watch the waves roll in or enjoy your favorite sporting events on our big-screens. You can even have a punt on your favorite team or horse with TAB. There is something for everyone!

Thinking about your next social function? Perhaps you're looking for the perfect wedding venue. With a stunning backdrop of golden sands and clear-blue ocean, Marcoola SLSC is the ideal location for your next event.

Contact our Functions Coordinator to see how we can help make your next event the most memorable! Contact functions@marcoolasurfclub.com.au or (07) 5448 8605







MARCOOLA SLSC NDDDDDDS VOLUNTEERS NEEDED

DID YOU KNOW....

It takes a dedicated army of volunteers each week to safely conduct our Sunday Nipper Program. Last season our program had 250 registered Nipper's and needed the support of 70 volunteers each week.

HOW CAN YOU HELP?

You don't have be fastest swimmer or best board paddler to offer value (although more of them are always welcome). If you are happy to volunteer, we will find a role for you. There are many ways you can support the Nipper Program. Roles we are currently seeking assistance with include:

- Age Managers All Age Groups
- Coaches Sprint, Flags & Education
- Water Safety
- Gear & Equipment (Set Up & Pack Up Team)
- Uniform Shop Coordinator
- Assistant Register (Membership enquires)
- Fundraising & Social Activities
- Surf Sports Team Manager
- Carnival Official

VOLUNTEERS ARE REQUIRED TO BE CLUB MEMBER, OBTAIN A WORKING WITH CHILDREN CHECK & COMPLETE SLS CHILD SAFETY ONLINE COURSES.

HELP US...

PUT THE FUN IN SUNDAY'S FOR OUR LITTLE LIFESAVERS

Contact Marcoola Surf Club on 5448 7311 or email nippers@marcoolasurfclub.com.au for more information on how you can contribute.



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- 07 5448 7311 Lifesaving
- 07 5448 8605 Supporters Club Lifesaving
- administrator@marcoolasurfclub.com.au
- Marcoola Esplanade, Marcoola Qld 4564
 - www.marcoolasurfclub.com.au

Nipper Contact Information

Junior Activities Chairperson: Andy Cullity

📈 jac@marcoolasurfclub.com.au

Junior Activities Administration: Amanda Janssen

🖂 nippers@marcoolasurfclub.com.au



SOCIAL MEDIA Send a request to join the private group/s that apply to you and our admin will accept



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FACEBOOK PRIVATE GROUPS Marcoola SLSC Marcoola Youth Marcoola Nippers



Marcoola Surf Club

Marcoola Surf Club