



## Administration Guidelines/Policies

# Drug and Alcohol Policy

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In line with Surf Life Saving Queensland's guidelines, Marcoola Surf Life Saving Club is committed to the provision of a healthy environment and to ensure the use of drugs or alcohol does not compromise the safety or health of lifesaving members or others.

### ALCOHOL

- It is recommended that lifesavers abstain from consuming alcohol 12-24 hours prior to patrol to ensure 0% balance at the commencement of their duty;
- Members are not permitted to have a blood alcohol content exceeding 0.05 at the commencement of any patrol;
- Alcohol is not to be consumed whilst wearing any SLSA patrol uniform apparel; and
- Members are not permitted to enter the licensed area of the Supporters Club whilst on duty or dressed in a SLSA patrol uniform.

### DRUGS

The Club has a zero-tolerance policy for the use of non-prescribed drugs within the Club facilities, and this illegal activity will not be condoned to any degree;

- Personnel shall not present themselves for duty whilst under the influence of any illegal drug;
- The use of drugs properly prescribed by a doctor for medicinal or recuperative purposes may be taken however the patrol captain must be advised as to the type of medication and all possible side effects; and
- If these prescribed drugs impair or disrupt your senses (i.e. anti-histamine), you must advise the patrol captain immediately and stand down from your duties until the cessation of the prescription.

### OPERATING PLANT AND EQUIPMENT

- Operators need to be aware that operating plant and equipment, including vehicles and power craft, under the influence of drugs and/or alcohol can be dangerous.
- Operators must also be aware of the legal requirements covering the operation of different classes of vehicles and power craft, which require a maximum blood alcohol reading of 0.05 and may in some cases, require zero tolerance for operating certain types of equipment.

### PENALTIES

- Members presenting themselves for duty whilst under the influence of alcohol and/or drugs shall be immediately suspended from duties and may be referred for disciplinary action.

- Cases that indicate evidence of illegal drug use within the Club facilities will be referred to the appropriate authorities for investigation.

#### **EDUCATION AND AWARENESS**

- Where appropriate, information explaining the dangers of drugs and alcohol abuse, particularly as it relates to health and safety, may be provided.
- In addition, where it is considered appropriate, advice on counselling and appropriate treatment may be made available.
- Members can contact the Club Chaplain for private, confidential support services – refer to the Member's Handbook for more information.
- Non-affiliated, local counselling support services can be found here:

<https://adis.health.qld.gov.au/service-providers/alcohol-and-other-drugs-service-aods-nambour-0>

<https://www.quihn.org/location/sunshine-coast/>

- Further policy guidelines are contained in the Lifesaving Patrol Operations Manual (POM) which can be found here:

<https://www.manula.com/manuals/slsq-tom/lifesaving-pom/1/en/topic/alcohol-and-drug-guidelines>