



Marcoola nippers

Welcome to season 2023/24...

Nippers at Marcoola SLSC will be back on the beach come Sunday 1st of October 2023. We cannot wait to welcome our existing Nippers back to the beach and welcome our new Nippers and their families to Team Marcoola. This newsletter outlines everything you need to know to get started for the new season. It's lengthy so stay with me...

Sign on Day: Welcoming new Nippers and their Families!

NIPPER RENEWAL MEMBERSHIPS ARE NOW DUE!

This season our Nipper program will be once again capped at 250! Once we reach this number, **NO** additional enrolments will be accepted (our resources just will not cope). Before welcoming new nippers on Saturday 26 August at our Sign on day, we want to ensure our existing Nippers have had ample opportunity to re-sign for season 2023/24. We can 100% guarantee your Nipper's place in the program up until 5pm on Friday 25 August. After this time, a count will be completed to determine how many new enrolments can be taken on Sign on day. Once we reach that magic number of 250, books will be closed!

It's highly recommended that existing members returning for the 2023/24 season renew their membership online following the simple steps outlined on the next page.

If you are struggling with the process, please reach out via email nippers@marcoolasurfclub.com.au we do not want any of our existing nippers and families missing out.



NIPPERS

26 AUG 23
9AM - 12PM

Sign-On Day

FOR NEW NIPPERS & THEIR FAMILIES

Marcoola SLSC is welcoming new members. Our Nipper Program is open to children aged from seven years old up to thirteen (age for the season is calculated as of midnight 30 September).

New members will need to bring along a birth certificate for any children that wish to join and proof of ID for all parents and caregivers.

For more information please contact our Lifesaving office on (07)5448 7311 or email administrator@marcoolasurfclub.com.au



Membership Renewal Guide For Nipper Families

1. Login in your members portal
[SLS Members Area - Login](#)
2. Click membership: Click family or renew.
3. Check all details are correct if there are changes to be made:
Click View/Edit

If all details are correct: Click Renew Memberships.
4. Confirm the current season and select all members who are renewing: Click submit.
5. The Primary Contact should select: Other – Nipper Family Membership from the drop-down box.
6. Please then select the correct option for each family member: Click next.
Other parent/guardian: Associate Member of Nipper Family
Nipper: Junior Activity Member
SRC: Cadet Member
Bronze: Active (15-18 years)
7. Check all details are correct: Click next.
8. Double check all details and complete declaration: Click next.
9. Pay your Family Membership Fee of \$250

Membership Fees:

- Junior Activities Family: \$250.00

This fee covers as many Nippers that are eligible for the program from your family, plus two parents / guardians joining Marcoola SLSC. There are no subsequent fees for additional children.

** Parents/caregivers must become members of the Marcoola SLSC for their child/children to join the Nippers. The minimum requirement is Associate Membership status and the cost of this is included with Nipper membership fees.

** All parents/caregivers must hold a current Positive Notice Blue Card. Application for this card for volunteers is FREE for Nipper parents/caregivers through the Lifesaving Administration Office or by following the steps outlined in the attached.

Should you have any problems with this process please contact the Lifesaving Admin Team on 5448 7311, we are happy to help!

ALL NIPPERS MUST BE REGISTERED FOR THE 2023/24 SEASON PRIOR TO COMMENCING ANY ACTIVITIES – NO EXCEPTIONS!

NIPPER FAMILY MEMBERSHIP - \$250.00 (per family, not per nipper)



NIPPERS

Skills Evaluation Days

Every Nipper is required to complete an annual pool swim evaluation along with a surf swim evaluation (Run / Swim / Run) prior to commencing our program, to ensure their safety in the surf environment.

NO POOL SWIM = NO SURF START

POOL SWIM - SWIMFIT COOLUM

OPTION 1: WEDNESDAY 13 SEPTEMBER

4pm - 5.30pm

4:00pm - 4:30pm- Under 8 & Under 9

4:30pm - 5:00pm - Under 10 & Under 11

5:00pm - 5:30pm - Under 12 & Under 13

OPTION 2: FRIDAY 15 SEPTEMBER

4pm - 5.30pm

4:00pm - 4:30pm- Under 8 & Under 9

4:30pm - 5:00pm - Under 10 & Under 11

5:00pm - 5:30pm - Under 12 & Under 13

OPTION 3: SUNDAY 1 OCTOBER

9.00am - 11.00am

9:00am - 9:45am- Under 8 & Under 9

9:45am - 10:15am - Under 10 & Under 11

10:15am - 11:00am - Under 12 & Under 13

Notes: NIPPERS ARE REQUIRED TO ATTEND ONE POOL & ONE SURF SESSION ONLY!

Times are a guide only, in attempt to ensure these days run smoothly, please understand that it a huge task to get these evaluations completed for each of our Nippers, so your patience on these days is appreciated. We will try and accommodate families with nippers in multiple age groups where possible. Nippers please ensure to bring along your own goggles, rash vest and nipper cap.

Under 14's are not required to complete a Pool Swim or Surf Evaluation on this day, it will be completed as part of their SRC Training Week.

We understand that these times and dates may not be suitable for all. It is mandatory that a Pool Swim is completed prior to any Nipper entering the Surf. If you can't make the advertised day please try and arrange the swim to be completed by a suitable qualified person at a time that suits and ensure the appropriate form is completed and submitted to the Nipper Team prior to attempting the Surf Evaluation.



NIPPERS

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NO POOL & SURF SWIM = NO NIPPER START

SURF EVALUATION - MARCOOLA BEACH

SUNDAY 1 OCTOBER

10:30am - 12:00pm

10:30am - 11:00am - Under 8 & Under 9

11:00am - 11:30am - Under 10 & Under 11

11:30am - 12:00pm - Under 12 & Under 13

Notes: NIPPERS ARE REQUIRED TO ATTEND ONE POOL & ONE SURF SESSION ONLY!

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Skills Evaluation Day:

We understand that not everyone will be able to attend the nominated date, we will conduct Run-Swim-Run's at the beach each Nipper session until everyone is completed but please note if you are unable to attend the advertised pool swim day it is your responsibility to get that completed in your own time at your own expense.

NO POOL SWIM = NO SURF START. NO EXCEPTIONS!

Important Dates: Some key dates for noting!



NIPPERS

2023-24

Season Dates

August

Saturday 26: Nipper Sign On Day
9:00am - 12:00pm
Marcoola Surf Club

September

Wednesday 13 - Nipper Pool Swim Evaluation
4:00pm - 5:30pm
Coolum SwimFit

Friday 15 - Nipper Pool Swim Evaluation
4:00pm - 5:30pm
Coolum SwimFit

Sunday 17 - Saturday 23 - Surf Rescue Certificate & Bronze
Medallion Training - Intensive Course
Marcoola Surf Club

October

Sunday 1- **Nipper Sunday's commence**
7:30am - 10:00am
Marcoola Surf Club

Pool Swim Evaluation
9:00am - 11:00am
Coolum SwimFit

Surf Swim Evaluation
10:30am - 12:00pm
Marcoola Surf Club

Friday 6: Nipper Disco "Beach Season is Back"
6:00pm - 9:00pm
Marcoola Supporters Club

Monday 9 & Wednesday 11 : Swim Squad's commence
5:30pm-6:30pm
Coolum SwimFit

Thursday 12: Sprint Training commence
4:00pm - 5:00pm
Marcoola Surf Club

Friday 14: Board Training commence
4:00pm-5:00pm
Marcoola Surf Club

Saturday 21: Rainbow Beach Carnival
Optional: Rainbow Beach

November

Sunday 12 & Sunday 19 - Nipper Photo Days
Marcoola Surf Club

December

Monday 4 & Wednesday 6 : Last Swim Squad for 2023
Coolum SwimFit

Thursday 7: Last Sprint Training for 2023
Marcoola Surf Club

Friday 8: Last Board Training for 2023 &
Nipper Xmas Disco - 6:00pm - 9:00pm
Marcoola Supporters Club

Sunday 10: Last Nipper Sunday for 2023
Nipper Christmas Day

**Nipper Sunday's will recommence on Sunday 28
January 2024**

January

Monday 22: Swim Squad commence
5:30pm-6:30pm
Coolum SwimFit

Wednesday 24: Swim Squad commence
5:30pm - 6:30pm
Coolum SwimFit

Thursday 25: Sprint Training commence
4:00pm - 5:00pm
Marcoola Surf Club

Friday 26: Board Training commence
4:00pm-5:00pm
Marcoola Surf Club

Sunday 28: **Nipper Sunday's re-commence**
7:30am -10:00am
Marcoola Surf Club

March

Sunday 3: Last Nippers for 2024

Saturday 23: Nipper Presentation, End of Season Party and
General Meeting

Note: Surf Sports Calendar & Events will be circulated separately
Be sure to request to join our private Facebook page,
Marcoola Nippers!



NIPPERS

2023/24

Program

6:45am Set Up Team Arrive
 7:15am Nippers arrive & sign on
 7:30am Briefing
 7:50am Program Starts - Session 1
 10:20am Program Concludes - Session 6
 10:25am Pack Up - BBQ Available

Note: There will be a 5 minute transition between each session

Session 1: 7:50am - 8:10am
 Session 2: 8:15am - 8:35am
 Session 3: 8:40am - 9:00am
 Session 4: 9:05am - 9:25am
 Session 5: 9:30am - 9:50am
 Session 6: 9:55am - 10:20am

Age Group Responsibilities

Dates	Set Up & Pack Up	BBQ	Program Rotation
1 Oct	U9	U12	1
8 Oct	U10	U11	2
15 Oct	U11	U10	3
22 Oct	U12	U9	1
29 Oct	U13	U8	2
5 Nov	U8	U13	3
12 Nov	U9	U12	1
19 Nov	U10	U11	2
26 Nov	U11	U10	3
3 Dec	U12	U9	1
10 Dec - 21 Jan Xmas Break - No Nippers			
28 Jan	U13	U8	3
4 Feb	U8	U13	1
11 Feb	U9	U12	2
18 Feb	U10	U11	3
25 Feb	U11	U10	1
3 Mar	U12	U9	2

Note: U8's will not participate in Boards, this rotation will be a surf skills rotation

Program Rotation 1

	U8	U9	U10	U11	U12	U13
Swim / Wades	1	1	1	1	1	1
Sprints	2	2	2	2	2	2
Boards	3	3	3	3	3	3
Flags	4	4	4	4	4	4
Surfing	5	5	5	5	5	5
Surf Awareness	6	6	6	6	6	6

Program Rotation 2

	U8	U9	U10	U11	U12	U13
Swim / Wades	6	5	4	3	2	1
Sprints	1	6	5	4	3	2
Boards	2	1	6	5	4	3
Flags	3	2	1	6	5	4
Surfing	4	3	2	1	6	5
Surf Awareness	5	4	3	2	1	6

Program Rotation 3

	U8	U9	U10	U11	U12	U13
Swim / Wades	5	4	3	2	1	6
Sprints	6	5	4	3	2	1
Boards	1	6	5	4	3	2
Flags	2	1	6	5	4	3
Surfing	3	2	1	6	5	4
Surf Awareness	4	3	2	1	6	5

Contacts

- ✉ nippers@marcoolasurfclub.com.au
- ☎ (07) 5448 7311
- 🏠 64-76 Marcoola Esp, Marcoola Q 4564
- 🌐 www.marcoolasurfclub.com.au

Social Media

- Closed Group profiles**
- 📘 Marcoola SLSC
 - 📘 Marcoola Youth
 - 📘 Marcoola Nippers

Send a request to join the groups that apply to you

Public Profiles

- 📘 Marcoola Surf Life Saving Club
- 📷 @marcoolaslsc



MARCOOLA

Nipper Age Group Colours 2023/24

Nippers



Club Uniforms & Swimwear:

Just a reminder that your Nipper's Coloured Cap does not change each year. The colour moves with the Age Group, we do hope this saves you purchasing a new cap each season. We will provide a personalised iron on name for your Nipper's cap. Can we ask parents to ensure they complete this little chore. It makes our JAC Team job of getting to know everyone so much easier!

PINK HI-VIS & COLOURED NIPPER CAP MADATORY FOR ALL TRAINING SESSIONS, CLUB TOGS CAN BE PURCHASED BUT THEY ARE OPTIONAL

THE UNIFORM SHOP WILL BE OPENED EACH SUNDAY FROM 8AM – 9AM



Club Uniform & swimwear

Club clothing is available at the Surf Club on our sign-on day and Nipper Sundays. Marcoola SLSC colours are orange & white. We also stock the Pink Hi-Vis rash shirts which are **COMPULSORY FOR ALL NIPPERS** to wear to participate in water activities. Each Nipper age group have a different coloured cap to be worn at training days, these caps are reversible to show the club colours if competing at surf sports carnivals. Nippers keep the same coloured cap as they progress to the next age group each year. For longer lasting swimwear ensure you read the care instructions enclosed with all items and please name all club clothing so it can be returned to the owner if misplaced and found.

Nipper Club Cap	\$20.00
Rash Vest	\$30.00
Drink Bottle	\$5.00
Marcoola Tees	\$20.00
Bucket Hat	\$15.00
Trucker / Cap	\$20.00
Female 1 & 2 Piece	\$50.00
Men's Jammers	\$60.00
Men's Club Cut	\$30.00

Limited sizes, available to purchase from the Lifesaving Office until sold out.



MERCHANDISE

Marcoola SLSC merch packs....

1: Marcoola Tee, Bucket Hat & Water Bottle \$40.00

2: Marcoola Tee, Cap or Trucker Hat & Water Bottle \$45.00



Limited sizes, available to purchase from the Lifesaving Office until sold out.

Position's Vacant: Parent Involvement Needed!

It takes around 70 volunteers each week to deliver our Sunday Nipper's Program. We are always welcoming / encouraging more parents to get involved – regardless of their Surf Life Saving skills and knowledge. If you are prepared to volunteer, I guarantee we will find a role for you!

In addition, we are always encouraging more Nipper Parents to join our Water Safety Team! Without sufficient numbers our Nipper's cannot all be in the water at once. If you are interested in finding out what's required in obtaining your Surf Rescue Certificate or Bronze Medallion, please contact Amanda.

It would be greatly appreciated if one parent from each family could complete and return the attached Parent Involvement Form for 2023/24. (I'll promise I'll make you believe, volunteering at Marcoola SLSC is the best thing you can do!)

All-inclusive Club:

Marcoola is an all-inclusive club, this season we have appointed an Inclusion Officer, the fabulous and very capable Lisa Rosevear. We want to ensure we can support your child confidently and safely on the beach. So, our question to each Nipper parent is: Does your child have any specific needs we need to know about? *Examples might include disability, health, medical, phobia, trauma, behaviour, physical limitations in the surf.*

If you have answered YES to any of the above, please email more details through to inclusions@marcoolasurfclub.com.au and we will make contact. Please know our aim is to offer a supportive, positive environment in which our Nipper's can thrive!

Child & Youth Risk Management Induction:



SLSQ and the Marcoola SLSC take Member Protection very seriously... SLSQ Guidelines have recently changed, it now states that **ALL** Bluecard Holders are required to complete a Child Youth Risk Management Induction each season. This short induction can be completed on the SLSA Members Portal (eLearning)
www.members.sls.com.au

Please help us get on the on the front foot by logging onto the portal and completing this requirement. It shouldn't take anymore than 10 minutes!



NEW REQUIREMENT FOR ALL BLUECARD HOLDERS!

PLEASE ASSIST US IN GETTING THIS COMPLETED.



NIPPERS & YOUTH

Swim Squad

EVERY WEDNESDAY & MONDAY DURING

TERM 1 - 5.30pm - 6.30pm

MON START DATE: 9 OCTOBER

WED START DATE: 11 OCTOBER

Coolum Swim Fit, David Low Way, Coolum Beach

An optional extra we offer our Nippers & Youth Members. This swim squad is conducted in a fun & friendly environment, with a focus on stroke correction and increasing swim fitness. The skills learnt are easily transferred to the surf environment.

Please note that this is NOT a Learn to Swim Program.

THIS SQUAD IS OFFERED TO THOSE IN THE U10's AGE GROUP THROUGH TO OUR YOUTH MEMBERS. IT IS RECOMMENDED THAT U8's & U9's COMPLETE A LEARN TO SWIM PROGRAM

GREAT VALUE AT \$50 PER TERM (ONE SESSION PER WEEK)

All participants must register and pay up front through the Lifesaving Office by Mon 02/10. Limited places available. Email: administrator@marcoolasurfclub.com.au





LIFESAVER TRAINING

2021 Surf Life Saving Queensland

Club of the Year

Join Us!

SURF RESCUE CERTIFICATE & BRONZE MEDALLION

Option 1:

WEEK LONG INTENSIVE COURSE

Course Dates:

Sunday 17 Sep - Saturday 23 Sep

Training Times: Sunday 8am - 1pm

Mon - Fri 8am - 4pm

Assessment Date: Saturday 23 Sep - 8am - 1pm

Note: There is also an obligation to complete some online learning requirements outside of training hours.

Option 2:

WEEKEND & WEEK NIGHT COURSE

Course Dates: (To Be Confirmed)

Wednesday 11 Oct - Saturday 19 Nov

Training Times: Wednesday 6pm - 9pm &

Saturday 7am - 11am

Assessment Date: Saturday 19 Nov - 8am - 1pm

Note: There is also an obligation to complete some online learning requirements outside of training hours.

COURSE PRE REQUISITES

Candidates must be a financial member of Marcoola SLSC

BRONZE

15 years of age
400m pool swim
in 9 minutes

SRC

13 years of age
200m pool swim
in 5 minutes

To register for a course or obtain further information please contact the Lifesaving Team on 5448 7311 or email: training@marcoolasurfclub.com.au



Member's Handbook:



The Marcoola SLSC Members Handbook contains lots of club information, if I haven't covered it above there is a fair chance it is detailed in the Member's Handbook.

The Handbook is available on our Club Website in the secure member's section. You can access it using the password: Marcoola2020, or alternately pick up a printed copy on Nipper Sunday's.

Additional Training Mid-Week Beach Sessions: We offer some optional extra training sessions that Nippers are welcome to attend. These sessions focus of fitness, skill development and FUN!

Sprint & Flags Training: and are also excited to welcome the experience of Sprint & Flags Coach Gary Barben this season who will be offering a Sprint & Flags session on Thursday afternoon's from 4pm – 5pm, commencing on Thursday 13 October! These sessions are open to all age groups!

Board Training: We offer board training on a Friday afternoon from 4pm – 5pm, which commence on Friday 14 October. This session is open to those in the Under 9 (white caps) age group through to Youth Members.

Surf Sports Competition Involvement: One of our goals this season is to encourage more of our Nippers to experience Surf Sports Competition. If you think your Nipper would be interested in learning more about surf sports competition and participating in additional training sessions, please let us know! We will be hosting a Surf Sports Information Session early in the season to gauge what interest there is.

We can't wait to welcome back a sea of pink to our beach come Nipper Season!

Andy Cullity

& The Junior Activities Team

Contacts:

Marcoola SLSC
Lifesaving Administration: 5448 7311
w: marcoolasurfclub.com.au
e: administrator@marcoolasurfclub.com.au

JAC Chair: Andy Cullity
e: nippers@marcoolasurfclub.com.au
Facebook:
Marcoola Nippers
Closed Group: Members Only.
Please send a request to join and our Admin staff will approve.



NIPPERS

Program Sponsors

Thank you to the our Junior Activities Sponsors for helping to make Sunday's FUN-days!



We always welcome new sponsors. If you know a business that is interested in supporting our program please make contact.

Contacts

- ✉ nippers@marcoolasurfclub.com.au
- ☎ (07) 5448 7311
- 🏠 64-76 Marcoola Esplanade, Marcoola Q 4564
- 💻 www.marcoolasurfclub.com.au

Social Media

- | | |
|---|--|
| <p>CLOSED GROUP PROFILES</p> <ul style="list-style-type: none"> 📘 Marcoola SLSC 📘 Marcoola Youth 📘 Marcoola Nippers | <p>PUBLIC PROFILES</p> <ul style="list-style-type: none"> 📘 Marcoola SLSC 📷 @marcoolaslsc |
|---|--|
- ➡ Send a request to join to the group/s that apply to you & our admin will accept.