



# MARCOOLA MEMBERS



*Handbook*

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# Statement of Commitment

Marcoola SLSC is committed to safeguarding children and young people in our membership. We acknowledge that a child-safe organisation doesn't just happen; it requires conscious effort to protect children and young people from harm.

Marcoola SLSC will work together to ensure a safe and inclusive environment for all children participating in our community. We recognise that our staff, volunteers, and members must understand the important responsibilities they each have in relation to child safety. Every person bound by this statement of commitment must always place the safety and welfare of children and young people above all other considerations.

Several measures will be used to achieve this such as:

Prohibiting any form of abuse against children.

- Providing opportunities for our juniors to contribute to and provide feedback on our program development.
- Carefully selecting and screening people whose role requires them to have regular contact with children.
- Ensuring our code of conduct for people in positions of authority, is promoted and enforced particularly for roles associated with junior sport.
- Providing and promoting avenues for raising concerns or complaints; and
- Providing regular education and/or information to those involved in lifesaving on child abuse and child protection.
- Ensuring safeguarding policy and procedures are communicated and understood by relevant staff and members.

The Marcoola SLSC requires that if anyone bound by this statement of commitment reasonably suspects that a child within our organisation, has been or is being abused report it immediately to the police or Department of Communities Child Safety and Disability Services, and the club's nominated Grievance Officer - David Solenac.

All allegations of child abuse will be dealt with promptly, seriously, sensitively, and confidentially. A person will not be victimised for reporting an allegation of child abuse and the privacy of all persons concerned will be respected.

Together we commit to provide an environment where children feel safe, respected, and valued.

As the President of Marcoola SLSC, I hereby sign this Statement of Commitment on 21<sup>st</sup> June 2023.



P. Hourn President - Marcoola SLSC





# SLSQ Members Code of Conduct

Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself
- b) Be ethical, considerate, fair, courteous, and honest in all dealings with other people and organisations
- c) Be professional in, and accept responsibility for your actions
- d) Be aware of and always follow —SLS’ standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others
- e) Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS
- f) Understand the possible consequences of breaching the codes and/or this policy
- g) Report any breaches of the codes or this policy to the appropriate PPA
- h) Refrain from any form of abuse, harassment, discrimination, and victimisation towards others
- i) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner
- j) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy
- k) Show concern, empathy and caution towards others that may be sick or injured
- l) Be a positive role model to all
- m) Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information
- n) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s)
- o) Ensure that any physical contact with others is appropriate to the situation and necessary for the person’s skill development
- p) Refrain from intimate relations with persons over whom you have a position of authority
- q) Agree to abide by the codes
- r) Maintain a duty of care towards others
- s) Be impartial and accept the responsibility for all actions taken

Person in Position of Authority (PPA):

PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity Individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.



# History of Surf Life Saving

Surf Life Saving in Australia came about through the efforts of people who defied the law! To explain, at the start of the last century, people had the view that the human body in a bathing costume was indecent.

Hence the law stipulated that bathing was prohibited during daylight. Also, genders were segregated whilst bathing.

The origin of Surf Life Saving can be traced back to the actions of Mr William Gocher, at Manly Beach in September 1902. Similar actions by others who defied the law by bathing during the prohibited time (daylight hours) forced the laws to be changed. The now very popular recreational and sporting pastime, surfing, began to grow into what it is today – part of the Australian way of life.

As surf bathing grew rapidly in popularity, its dangers equally rapidly became apparent. Therefore, small groups of experienced and regular surfers, who were concerned with the rising incidence of drowning in the surf, formed lifesaving clubs to assist those who needed rescuing from an unfamiliar environment.

As these clubs grew in size and number, the need arose for collaboration to raise funds and to improve lifesaving techniques. This resulted in the formation of the New South Wales Surf Bathing Association in 1907. This was later renamed Surf Life Saving Australia.

Surf Life Saving in Queensland began on Coolangatta Beach on 21st February 1909. From these humble beginnings of a fragmented voluntary surf rescue service, Surf Life Saving Australia has now achieved recognition throughout the world for the outstanding courage and service of its members.



# History of the Red and Yellow

The red and yellow flag was initially used with great success in World War I, particularly by ships. When flying at full mast this flag indicated “man overboard” and all friendly ships in the vicinity immediately commenced search procedures.

On 25th April 1915, the red and yellow flag was hoisted to symbolise mate ship on the shores of Gallipoli. In order to ensure that the ANZACS could easily recognise friend from foe, the red and yellow flag was used to signal a safe haven for their own.

Upon returning from overseas service, Australian soldiers saw the need, in the early 1920s, to establish a universal sign to indicate safe swimming areas on Australian beaches. The red and yellow was adopted as that sign on Australian beaches at the instigation of these men who saw the flag as a representation of the years of mate ship, service and above all, a duty to protect others.

The red and yellow flags have become an Australian icon, representing a culture founded on the need to be a true mate and put others first.

The red and yellow cap derives from the red and yellow flag and ensures that Lifesavers are easily identifiable by the public, thereby providing beach goers with the same security they enjoy when they see the flags flying.





# History of Marcoola

On a sunny Sunday morning on the 26th January 1969, Marcoola Beach Surf Life Saving Club was formed outside the Marcoola Beach kiosk. Interestingly, the Nipper Club was in operation before the seniors began their first patrol.

In its first season, the Club had only twenty-two members, but that year they placed third in the march past competition at Branch Titles and won 11 pennants across three surf sports carnivals. This team were known as the Marcoola Dolphins, and because of this, the Club's emblem has since been a dolphin.

In 1979, Marcoola formed the first Nipperette Club (females) on the Sunshine Coast. This was before women were officially allowed to join the movement. Branch officials were not impressed, and the Club was severely reprimanded. Just one year later, in 1980, females were permitted to become full members of the Surf Life Saving movement and join their male counterparts in patrolling the beach.

The first clubhouse at Marcoola was completed in 1970, and it was a simple one-story fibro structure. The population of both the Marcoola community and the membership of the Club grew rapidly, and a larger facility was soon needed, so the old clubhouse was demolished, and a new two-storey building was completed in 1984. A number of extensions have since been added.

In 2019, Marcoola SLSC celebrated its 50th anniversary with a number of special events throughout the year. From its humble beginnings to the iconic club, it has become today, it's been a wonderful journey.

Take the time to inspect our honour and photo boards that are proudly on display in the Supporters' Club. You will see just a small number of the people who have made Marcoola SLSC what it is today.



# The Organisation

Surf Life Saving Australia (SLSA) is a foundation member of the International Lifesaving Federation (ILS), through which it maintains contacts with other 'lifesaving nations' and develops lifesaving expertise around the globe. This is part of SLSA's broader international humanitarian efforts as a non- government organisation.

SLSA is a highly federated and geographically dispersed corporate body with several organisational layers incorporating 314 local Surf Life Saving Clubs, 17 regional branches in NSW and Queensland and 7 state and territory centers.

Surf Life Saving Queensland (SLSQ) is the Queensland state body and is situated at Surf Rescue House in South Brisbane. Queensland has 58 clubs and 6 branches servicing the coastal areas from Port Douglas in the north, to Rainbow Bay on the NSW border. Marcoola Surf Life Saving Club (SLSC) is affiliated to SLSQ and the Sunshine Coast Branch and is one of 14 clubs on the Sunshine Coast.

## The Organisation's Aim

From its earliest days, SLSA's motto has not changed:

"VIGILANCE AND SERVICE"

SLSA is recognised as a world leader in rescue and resuscitation techniques. The mixture of community service, competition, sport and Club fellowship is an attractive one that will ensure the growth of the movement for many years.





# Membership

## Membership Categories

The following Membership Categories are used by Marcoola SLSC. These categories are fully explained in the Club's Constitution and By-Laws:

- Junior Activities (Nippers) – 7 to 14 years
- Active Cadet – 13 to 15 years
- Active Junior – 15 to 18 years
- Active Senior – 18 years and over
- Reserve Active
- Long Service
- Life Member
- Past Active
- Award Member
- Associate

## Annual Membership & Fees

Marcoola SLSC membership year is from 1st October to 30th September. Membership Fees are reviewed and endorsed at each Annual General Meeting.

## Member Privileges

Being a financial, active member of Marcoola SLSC gives members access to Club facilities and approved equipment. Members over the age of 18 years receive automatic membership to the Marcoola Supporters Club.

Please ensure you respect the Club facilities and ensure you comply with the relevant guidelines listed on the Club's web site and noticeboard which detail the conditions of use of these facilities.

## Member Opportunities

Marcoola Surf Life Saving Club has something for everyone regardless of age, gender or swimming strength. Some of these opportunities to become involved include:

- Patrolling the beach as a Bronze Medallion or Surf Rescue Certificate holder
- Assisting beach patrols or other services as a holder of awards such as First Aid, Resuscitation and Radio
- Award training, facilitating, and assessing
- Surf sports coaches, officials, team managers, chaperones etc.
- Junior activities (nippers) coordinator and/or age manager, water safety and coaching
- Club administration
- Club Committee or various sub-committees as required

There are endless other opportunities to assist in supporting Marcoola SLSC from helping with a BBQ, raffle, social activity, equipment maintenance and many more. Ask your Club President, Club Captain, Chief Training Officer or Administration how you can help.

## Awards

To be an active patrolling member of Marcoola Surf Life Saving Club, each member (if 15 years and over) is required to successfully complete the Bronze Medallion, which is the basic requirement to become a lifesaver. Other Members may also play a support role on patrol should they hold one of the following awards: Surf Rescue Certificate, Radio Operator, Resuscitation, Advanced Resuscitation or First Aid. These are called Award Members.

Cadets (13-15 years) are required to perform patrol duties (under supervision) once they have obtained their Surf Rescue Certificate. Bronze Medallion and the Surf Rescue Certificate require many skills associated with and included in rescues such as:

- Run-Swim-Run
- Surf Awareness
- Radio Communication Procedures
- Knowledge of Patrol Operations
- Resuscitation procedures
- First-Aid knowledge
- Workplace health and safety knowledge
- The completion of the Bronze Medallion also provides students with the possibility of gaining points towards their Queensland Certificate of Education.

There are also many other opportunities to gain additional lifesaving awards and to undertake additional training and roles. The Club's Chief Training Officer can provide you with further information.



# Patrols & Member Information

If you're an active Surf Lifesaver, you will be placed on a Patrol Roster for the season. The patrol roster will be released prior to the start of the season.

All members information can be found on the members section of the Marcoola Surf Club website. This includes membership forms, Blue Card applications, past annual reports, code of conduct and more. The members area is password protected, however can be accessed by:

[Members Area | Marcoola Surf Life Saving Club \(marcoolasurfclub.com.au\)](https://marcoolasurfclub.com.au)

Password: Marcoola2020

## SLSQ App

SLSQ's new app allows members and surf clubs to readily access all organisational information, events and news that relate to Surf Life Saving Queensland and its affiliates.

This unique space provides members with an easy to navigate platform that will provide efficient and rapid access to all the operational, administrative and governance documents, with full functionality to keep up to date with news and events. head to <http://lifesaving.com.au/slsqmemberapp/> to download the app onto your phone, or view the desktop version.





# Online Membership Renewal

Welcome to the 2023 /2024 season....

This letter outlines the membership renewal process for the 2022/2023 season. This season all members are encouraged to complete their membership renewal using the Member's Portal. If you already have a Member's Portal account.

## Membership Renewal Steps

1. Head to the members portal and login- <http://portal.sls.com.au>
2. Under Memberships tab select Renewals, Payments & Transfers
3. Click 'renew'
4. Please check your details carefully and make any changes
5. Read and tick the declaration agreement boxes at the bottom of the page and submit
6. Make payment relevant to your membership. See fees tables below.
7. Then click **Submit**
8. Fill in your credit card details. Confirm everything and then press **Submit**

## Membership Fees:

- |                             |           |
|-----------------------------|-----------|
| ▪ Junior Activities Family: | \$250.00  |
| ▪ Cadets & Juniors:         | No Charge |
| ▪ Seniors (18+):            | \$55.00   |
| ▪ Award Members:            | \$55.00   |
| ▪ Associate Members:        | \$75.00   |

If you are yet to create a Member's Portal account, please do so by following the steps below:

1. Create a 'Members Account' [SLS Members Area - Create Account](#)
2. Enter your details
3. You will receive a confirmation code/link by either email or SMS depending on your choice that you made earlier
4. Follow these instructions on that link
5. If you do not receive an SMS or Email, please click the 'Resend Your Confirmation Code' option on the portal home page **portal.sls.com.au**

You can now follow the 'membership Renewal Steps' as above.

\*Cadets and juniors need to follow the above instructions even though they do not pay a membership fee

# Lifesaving

## Becoming a Lifesaver

Marcoola SLSC has its own qualified volunteer trainers who conduct regular Bronze Medallion and Surf Rescue Certificate (SRC) courses. Each course lasts approximately 6-8 weeks. Course length may vary according to how many candidates are in the group, as well as the learning capability of the individuals. Each course involves 2 - 3 hours one evening per week, plus 3 to 4 hours on either a Saturday or a Sunday. Note: The club does not teach you how to swim. You do need to be able to swim 400m in 9 minutes when you commence training for your Bronze Medallion and 200m in 5 minutes when you commence training for your SRC.

## Advanced Awards

There is a large variety of awards that you can gain through Surf Life Saving, and many have nationally recognized units of competency linked to them. These awards are not only important in a lifesaving sense but can also assist you with study and employment. For more information regarding award availability and course information please contact the Club's Chief Training Officer.

## Beach Patrols

Patrols are the most important component of Club activities. Patrols are the reason Surf Life Saving exists – to prevent drowning. Without patrols, surf clubs as we know them, would cease to exist. All Active Members

(Cadets, Juniors, and Seniors) are included in the patrol roster. Some Award and Reserve Active Members may also be included in the patrol roster. As an Active Member you are expected to attend each of your 'Rostered Patrols'. These will normally be once every three weeks and each patrol lasts half a day. You will be contacted within a fortnight of obtaining your Bronze Medallion, Surf Rescue Certificate or joining Marcoola SLSC, and allocated to a patrol group. Should you not hear from us please contact the Club Captain or Vice Club Captain immediately who will allocate you to a patrol.

If you are unable to attend your allocated patrol, you MUST contact your Patrol Captain and advise them of the situation. You must also arrange a swap with another member.

Remember: It only takes one phone call or email to communicate your intentions to your Patrol Captain.

## Patrol Uniforms

On gaining any award that qualifies you to patrol, Marcoola SLSC will supply you with a patrol uniform at no cost. You will be required to purchase your own Club togs. Togs must be worn under your uniform when on patrol – females may wear a two-piece Club swimming costume. Bikinis are not authorised for patrol duty. As role models to the community generally and children specifically, it is vitally important all patrol members adhere to SLSA's Sun Awareness Policy, by wearing either a red broad-brimmed hat or peaked cap (with the SURF RESCUE clearly displayed) whilst on patrol. Sun protection and hydration is critical to performance therefore the use of sunscreen & adequate water consumption are recommended.

## Lifesaving Training

Marcoola SLSC provides training on behalf of Surf Life Saving Queensland (SLSQ). SLSQ is a nationally registered training organisation and all courses are delivered to meet government training regulations. Training courses at Marcoola SLSC are delivered by a fully qualified team of motivated volunteer trainers and assessors.

The Marcoola SLSC training program is designed to provide lifesavers at Marcoola SLSC with all the skills required to safely patrol the beach, provide effective first aid and save lives through current resuscitation methods. Marcoola SLSC encourages patrolling members to obtain additional awards to improve their level of competency which in turn increases the level of service the Club can offer the public.

All upcoming courses will be advertised on the Club notice board, Club website, Club Facebook pages and communicated to members via email.

## Skills Maintenance

Skills maintenance checks are to be completed annually to ensure all lifesaving and rescue skills remain current. The process normally includes a written paper, demonstration of resuscitation techniques and surf skills (BM and SRC only). The majority of lifesaving awards will require you to complete annual skills check to ensure currency.

Failure to successfully complete the skills maintenance requirements will result in your awards being deemed 'not yet proficient' and you will be unable to perform patrol duties until rectified. All award skills maintenance checks must be completed annually, prior to the 31st of December. The Club will arrange skills maintenance dates at the start of the season and all dates will be advertised on the Club notice board, Club website and emailed to members.





# Buhk Wilkes Trophy

You've joined a club with a long and proud history of Lifesaving Excellence. We pride ourselves on our members being highly qualified and able to perform across all areas of prevention, search & rescue. Our aim each year is to achieve the Buhk Wilkes Trophy, which is awarded to the Sunshine Coast club who achieves Lifesaving Excellence across the season. Since winning the award in its first year in the 1985/86 season, Marcoola has been awarded this trophy a whopping 17 since it's inception in 1985.

Both Bill Buhk and Fred Wilkes, in whose name the Trophy is dedicated, placed great emphasis on the standard of our grass roots responsibility in all aspects of surf lifesaving, not just for a few months of the season, but for the entire patrolling period. The Trophy is presented annually to the Sunshine Coast Club that meets the criteria and highest standard of proficiency both in the Club house and on the beach that these men greatly respected and firmly upheld during their time of service.

Thank you to our members who go above and beyond each year to ensure we continue our reign as the Sunshine Coast's BEST Surf Life Saving Club.



# General Information

## Working with Children Check (Blue Card)

Marcoola SLSC, like all other Queensland clubs, must follow the policy as outlined by SLSQ. SLSQ is in turn following the guidelines of the "Queensland Family and Child Commission". For more detail, please refer to SLSQ's policy on 'Blue Card Screening'. All Marcoola SLSC members over the age of 18 must obtain a Blue Card. Blue Card applications can be lodged online [Blue Card Services Applicant Portal](#). Application forms are also available at the Surf Club's Administration Office or in the Members section on the club website.

## Blue Card Renewals

Blue Cards are current for a 3 year period. Existing "Blue Card" holders will be notified by the Commission approximately 8 weeks before the card expires. It is the responsibility of the member to ensure the renewal application form is completed on the Surf Life Saving specific form and forwarded to the Club Administrator for recording. The Club will forward this to SLSQ.

## Workcover Insurance

Volunteer lifesavers are covered against injury under the Worker's Compensation Act 1990 which is coordinated by SLSQ on behalf of all Queensland clubs. A volunteer lifesaver is both;

- Minimum of 14 years of age
- A registered member of an affiliated Club of SLSQ, irrespective of being a Bronze Medallion holder
- This includes members (14 years of age and over) in Active Cadet, Active Junior, Active Senior, Active Reserve, Long Service, Life Members, Award Members, Past Active, Honorary, and Associate Member categories, undertaking approved duties.

IT IS IMPORTANT TO NOTE THIS COVER DOES NOT OPERATE 24 HOURS.

It only provides cover to volunteer lifesavers, either in Queensland or temporarily anywhere else in Australia, who are injured while engaged in any approved activity associated with being a volunteer lifesaver including

- Undertaking approved duties as a volunteer lifesaver
- Undertaking approved training and competitive activities as a volunteer lifesaver
- Engaged in travel to and from the place at which approved duties or training activities are to be performed

Each year, SLSQ liaises with WorkCover Queensland regarding the number of members to be insured. A premium is then calculated which is then forwarded to SLSQ for payment. SLSQ then calculates a payment due to individual clubs.

Note: Non SLSQ individual training is not covered by WorkCover.

It is the member's responsibility to contact the Club Administration Office or a Club Officer (Club Captain or Junior Activities Chair) immediately following and no later than seven days, after an injury occurs. A claim should be lodged with WorkCover as soon as possible and compensation will be payable from the day of the doctor's first examination, provided liability is accepted. If the claim is lodged 28 days or more after the date of the doctor's examination, and is then accepted, compensation will be payable from a date 28 days prior to the date of lodgment.

The claim must be submitted to WorkCover within 6 months of first seeing a doctor; however, if WorkCover is satisfied that failure to lodge the application within the specified time was due to.

- A mistake
- Absence from the State
- A reasonable excuse
- Special consideration may be given to the date from which compensation is eligible to be paid.

If the treating doctor issues a QComp Medical Certificate, the member will need to Complete the Application for Compensation Form available from the Club Administration Office – information given to WorkCover must be true and accurate at all times

Give the completed Form, with the QComp Medical Certificate to the Administration Office.

The Administration team then confirms membership status and lifesaving activity (where injury occurred), and then forwards the claim to Branch

If the claim is accepted by WorkCover Queensland, the member will be contacted directly by WorkCover.





# Gear & Equipment

Club gear and equipment is there for members to use, however everything is very expensive to repair and replace, so members are expected to have a certain level of duty of care when using any equipment or utilising club facilities.

Any use of Junior Activities gear must be arranged through the Chairman. This means ALL gear from tent pegs to rescue boards.

Boards should be carried, not dragged, and should be laid fin up on the sand gently. They should not be sat on. Foam boards are for U8, U9 and U10s only. Fiberglass boards are for U11, U12, U13 and U14s and senior club members.

When you have finished using a board, wash off all sand and put it away. All damages must be reported immediately to the gear & equipment officer or age manager. Members who mistreat boards will not be allowed to use them until they can demonstrate appropriate conduct and may be asked to contribute towards the cost of repairs.



# Gym & Swim Subsidies

Marcoola SLSC want to give our members the best possible chance to keep fit and healthy to ensure the safety of our beach-going public. The club offers Gym and Swim subsidies for any active patrolling member who fulfils certain obligations.

To gain a gym or swim subsidy through the Marcoola SLSC, the applicant must meet the following criteria:

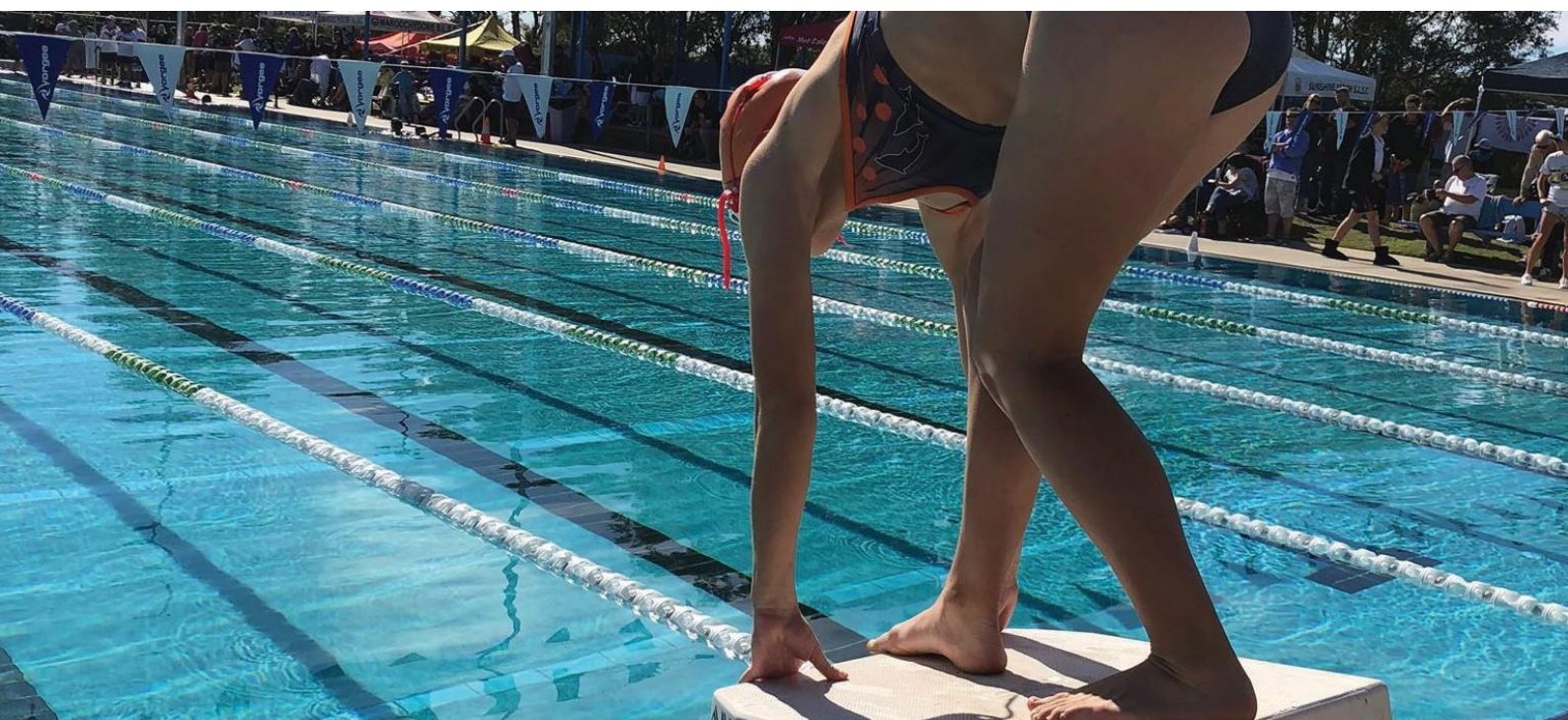
1. Member must be proficient active or award member and has been for a period of at least 12 months.
2. Member must have completed a minimum of 40 hours patrol per season (which can be made up of Beach, Radio and Operations Support patrols).
3. Members taking the subsidy will be expected to assist with Club Raffles. (With the choice of Wednesday night, Friday night or Sunday afternoon). Name will be placed on a rotating roster.
4. Member must attend the gym or pool at least 60 times per year.
5. Member must apply for subsidy annually and are only eligible for one subsidy per year (i.e Gym or Swim, not both).
6. Member must understand that the gym or swim membership is not transferrable

Our affiliated gym is Invigr8 Gym at Marcoola. If the member successfully meets the above criteria, they are required to complete the following:

1. Member to obtain a letter of endorsement from the Club to present to the Gym on joining.
2. Member is to contribute \$215 when joining the gym and the Club will pay the balance of \$215.

We don't have an affiliated pool; however many members train together on Tuesday and Thursday mornings at the Coolum Pool. For a swim subsidy, the member must:

1. Members must obtain approval prior to signing up for a pool pass.
2. Club will pay maximum subsidy of \$240 on an annual pass only.





# Craft Subsidies

Marcoola SLSC is committed to ensuring its members are proficient in surf skills necessary to perform rescues and compete in Surf Life Saving competition. It is for that reason that this guideline was developed to assist our active patrolling members with the opportunity to apply for subsidy of an individually purchased craft (board or ski) for use outside club training times, at club training, club championships and carnivals.

## Specifications

- Subsidies are available for active patrolling members in the Junior, Senior, Master Age Category (Junior Activities members are not eligible for this subsidy).
- Subsidies will be approved for members who have completed their skills maintenance requirements and continue to satisfy the club patrol obligation requirements as outlined in the Club By Laws.
- The maximum subsidy available is 50% of the craft purchase, maximum payment that will be made is \$1000.00.
- Only one craft subsidy will be granted every 2 years to the applicant.
- Craft purchased remain the responsibility of the owner and must be housed at the owners location.
- MSLSC accepts no responsibility for the craft use, storage or repair (if required).
- Subsidies will only be paid upon presentation of a receipt (proof of payment) which for the purpose of this guideline must be an approved Tax Invoice (as approved by the ATO)
- Any craft purchased under this subsidy must be SLSA approved.
- The member must participate in the Friday Night Competitors Raffle (name will be placed on the roster, member must fulfil obligations)
- The member must commit to representing Marcoola SLSC at 3 Club Carnivals on the craft throughout the season and compete at Branch & State Titles.
- The member must have been a member of Marcoola SLSC for two season and must remain a member of Marcoola SLSC for the following two seasons.
- If the craft is sold within 3 years of the purchase date, the member is required to refund the club portion of the sale price. (e.g. 50% subsidy 50% of sale price to be refunded)





# Competitors & Competitions

## Patrol Requirements for Competitors

Members who wish to compete in carnivals must be current, proficient, and financial members of the Club they wish to compete for and must also have satisfied their patrol obligations as defined by Surf Life Saving Queensland. Those competitors who do not meet their minimum patrol obligations will be excluded from entering competitions.

To be eligible to compete, a member shall have completed their allocated patrols which may be up to 45 hours within the particular calendar year from the 1st of January to the 31st of December. Those members who do not complete the minimum required patrol hours during this period will not be eligible for competition rights and any subsidies and Club benefits may be reviewed.

## Training Times & Venues

Times and venues for all training disciplines are listed on the Club's website, notice boards and broadcast via Club announcements. These sessions may be modified by the individual coaches from time to time to meet competition and surf condition safety requirements.

## Carnival Nominations

The following criteria must be met to be eligible for nominations

- Pass proficiency every season before 31st December. The Club arranges proficiency tests at the start of the season
- To compete at State and National Championships, the member must have completed the following minimum patrol hours in the Calendar Year preceding
- Active Members (including SRCs) - 25 hours
- Reserve Active, Long Service & Life Members - 12 hours

For new members, the number of patrol hours required is on a pro-rata basis of 4 hours per month up to the 31st December.

## Nomination Process

It is your responsibility to nominate for a carnival through the Team Manager. All information pertaining to carnivals, including closing dates and events is located on the notice board. Nominations are made to the Team Manager or Club Administrator prior to the carnival closing date.

Competition events include:

- Swimming (Surf Races, Tube Races, Ironman/Ironwoman, Board Rescue, Taplin Relay and Cameron Relay)
- Craft (Board Races, Board Relay, Ski Races, Ski Relay, Double Ski, Surf Boats and Board Riding)
- Beach (Sprints, Sprint Relay, Flags and March Past)
- Rescue and Resuscitation (R&R)
- First-Aid, Patrol Competition and Champion Lifesaver

If you have nominated for a carnival, you must attend. You will be charged any costs incurred by the Club if you fail to attend although exemption from this may be granted in extenuating circumstances.

If you have been nominated in a team event, you will be expected to compete in that event unless exempted by the Team Manager.

## Conduct at Carnivals

As a Member of Marcoola Surf Life Saving Club, when you are touring or competing at carnivals you are representing your Club and must behave accordingly. The Team Manager must sign a declaration form for each carnival, guaranteeing that the conduct of members will not breach the SLSQ or SLSA Code of Conduct Policy. If a breach does occur, not only does the Team Manager face disciplinary action but also the competitor and Club may be penalised.

The following basic rules MUST be observed, and a breach of the Club “Code of Conduct” will be dealt with severely

- At all carnivals and whilst on tour, the competitor must conduct themselves in a professional manner
- The competitor is required to compete to the best of their ability
- Underage drinking will NOT be tolerated and members breaching this policy will be sent home at the parents cost and may face the Judiciary Committee
- Any legal age member or parent supplying alcohol to underage members will face severe disciplinary action
- Under 18 members will be required to abide by any curfews set by the Team Manager
- Underage Male and Female members are not permitted in each-others' rooms. Please remember the Team Manager has the overall responsibility
- ALL members must assist with the loading and unloading of trailers, the packing up of the team tent and gear from the carnival and offer assistance to the Team Manager when required

ALL DAMAGE MUST BE REPORTED IMMEDIATELY

## Carnival Officials

At all surf lifesaving carnivals clubs must provide Carnival Officials at a ratio of 1 Official per 10 competitors. As a Carnival Official, you can specialise in water events, beach events, Boats and/or Surf Rescue and R&R events. Carnival Official courses are conducted by the Sunshine Coast Branch, normally at least twice during the season – Technical Official is the minimum requirement to officiate at carnivals. Should you require any further information, you should contact Marcoola SLSC Officials Coordinator or the Club Administrator.

## Water Safety (IRB's and Crewing)

Carnivals require the support of all clubs to provide IRB Drivers and Crew during carnivals. An additional skill that may be required by some club IRB Drivers is to attend and pass a 'Can Laying Course'. This is required for both Junior and Senior Carnivals.

## Water Safety (Junior Carnivals)

Water Safety is a mandatory requirement for all Junior Carnivals – minimum requirement for those providing water safety is either Bronze Medallion or SRC. Water safety shall be supplied for Junior Carnivals at the ratio of 1 water safety officer to 15 competitors. The Club actively encourages all members with Bronze or SRC qualifications to assist with water safety when they have a competitor entered.

## Club Championships

Club Championships will be scheduled by the Board in conjunction with the Team Manager. Where practicable, the Championships will be conducted annually. The format for Club Championship is designed so ALL Club members have an opportunity to 'have a go' and is not exclusively for the more experienced Surf Sports Competitor.

## Parents of Juniors

Marcoola SLSC is a family-oriented Club and encourages families to participate in the many and varied activities that make ours a great Club. Parent involvement is essential to our success. This involvement may take the form of a support role in a junior team environment, or as a patrolling member at our wonderful beach. A significant number of the parents of children who are involved in the Club, and its activities, have been, or still are, nipper, cadet and youth parents. This is a wonderful way to stay healthy, happy and in touch with your family and make new and lasting friends whilst enjoying our beach and its environs.





# Chaplaincy Service

The most important people in our club are our members, and our most important job is to look after them. Marcoola has a number of qualified members in Peer Support who are on hand for emergencies, as well as our very own Chaplain, Tony Gibson. Tony's Counselling and Chaplaincy experience is extensive, as well as being an active patrolling member of Marcoola SLSC since 2017 and a Surf Life Saving Excellence Award recipient for a resuscitation he completed on a member of his Church. Tony is married to Danielle. They have 4 kids. Jesse, Elysha, Rachel, & Isaac. He has been involved in chaplaincy for 13 years.

Often, the role of a Chaplain is simply seen as working on spiritual matters for people, but it extends much further. Chaplaincy is a confidential service. Its value is now being seen amongst many sports and services across Australia. All SLS and Sports chaplains are affiliated with Sports Chaplaincy Australia and abide by a Code of Conduct and Ethics.

Chaplains have qualification and experience working with people through –

- grief and loss,
- Trauma Situations,
- family struggles,
- financial crisis,
- bullying,
- personal struggles, and so on.

They are not formally a counselling service but often use skills attained to support their role. Chaplains are available to all members, their families, and those who access the club, and matters are not contained simply to surf lifesaving. Most are able to conduct weddings, funerals, and dedications, and do not charge for their service for members and their families.

Tony's work in chaplaincy has placed him in situations requiring sensitivity and care. He regards a person opening up about their life as one of the most vulnerable and precious moments in life and treats every situation with extreme care.

Chaplains are required to be approachable, fun loving people who value highly the people they work and serve amongst. Tony is one of these people.

Should you wish to talk to Tony, you can either contact the Admin office, or contact him directly. Email [riverlifepastor@gmail.com](mailto:riverlifepastor@gmail.com) Phone 0404 859 626



# Sponsorship & Fundraising

Marcoola Surf Club relies heavily on its members throughout the year to optimise its fund-raising opportunities. All funds generated from fund raising events throughout the year, are channelled back to the Club for the purchase of vital lifesaving equipment. It is highly desirable that all members assist in Club organised fundraising events.

Sponsors play a massive role in our little club, not only with their monetary donations, but their time, manpower and in-kind donations which we couldn't do without. We love the relationships we build with our sponsors, and each year they get better and better.

We have a range of different sponsorship packages available, and our team would love to talk with you to see how we could work together to best suit everyone's needs. Contact the Administration Team: ([administrator@marcoolasurfclub.com.au](mailto:administrator@marcoolasurfclub.com.au)) to see how we can help each other and the community!





# Sponsors & Supporters



## Government & Corporate Partners:



Queensland Government



## Club Supporters

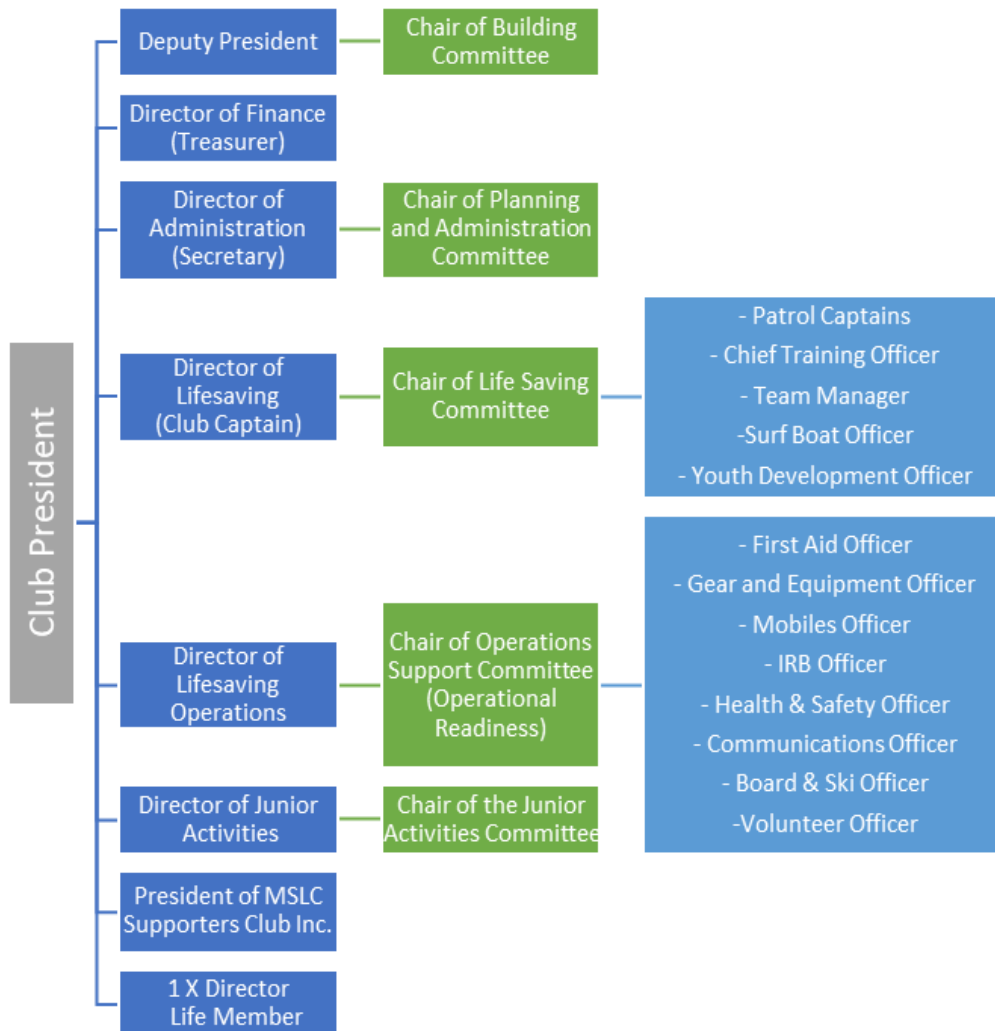
H & H Air Conditioning  
Loan Success  
Jeffcoat Electrical  
Sunshine Coast Shade Sails  
QuickApp Creative

Horse & Water  
Active Health  
Budd's Butcher  
Invigr8 Gym  
Air Coast Air Conditioning

Cotton Tree Meats  
Yalumba  
Mt Coolum Golf Club  
Paddy Walsh Painting



# Organisational Structure



# Club Uniform & Swimwear

Club clothing is available at the Surf Club on our sign-on day and Sundays.

Marcoola SLSC colours are orange, white. We also stock the Pink Hi-Vis rash shirts which are **COMPULSORY FOR ALL NIPPERS** to wear to participate in water activities.

Each Nipper age group have a different coloured cap to be worn at training days, these caps are reversible to show the club colours if competing at carnivals. Nippers keep the same coloured cap as they progress to the next age group each year.

For longer lasting swimwear ensure you read the care instructions enclosed with all items and please name all club clothing so it can be returned to the owner if misplaced and found.



# Bar & Bistro

The Marcoola SLSC Supporters Club is your club, and it's the perfect place to relax with family and friends, enjoy a mouth-watering meal or ice-cold drink and take in the spectacular scenery. The Courtesy Bus will pick you up and drop you home, anywhere between Cooloom and Bli Bli. Kids are even catered for, with our Beach Shack Kids Zone, fully equipped with PlayStation gaming consoles and plasma TVs.

Every Active, Award and Associate member of the Lifesaving Club receives a membership card to use upstairs in the Supporters Club Bar & Bistro. ALL Active patrolling members will receive \$55 onto their membership card once they've paid their club membership, which you can use in the bar or bistro.

The Club is open daily and has daily specials and promotions. We invite you to enjoy the facilities and activities we have on offer. Unwind on our stunning outdoor deck and watch the waves roll in or enjoy your favorite sporting events on our big-screens. You can even have a punt on your favorite team or horse with TAB. There is something for everyone!

Thinking about your next social function? Perhaps you're looking for the perfect wedding venue. With a stunning backdrop of golden sands and clear-blue ocean, Marcoola SLSC is the ideal location for your next event. Talk to our Functions Coordinator to see how we can help make your next event the most memorable!

[functions@marcoolasurfclub.com.au](mailto:functions@marcoolasurfclub.com.au) or (07) 5448 8605





# MARCOOLA

nippers



# Preliminary Skills Evaluation

Before nippers can participate in ocean activities, they need to complete a pool evaluation and assessment of beach competency.

## Pool Evaluation

The pool evaluation is conducted after the child has signed on as a member and prior to the first day of nippers. If your child has not completed the pool evaluation prior to training days they will not be able to participate.

The table below shows times and distances that need to be achieved to pass the pool swim. To pass, children must be able to swim continuously and unaided within the times and distances shown below. We do not teach children how to swim at Nippers.

## Competency Beach Evaluation

The competency test (run-swim-run) is conducted on training days at the beach. It involves a continuous effort of running, swimming and running.

Every junior member must successfully complete the Beach Evaluation prior to any water activities

being undertaken, and prior to gaining their age award. Any child that does not meet the required evaluation level will require a higher level of supervision when involved in water based activities. Nippers who have not completed the Run Swim Run will only be able to enter the water if we have sufficient water safety to provide the higher level of supervision required.

For non competitors, the run-swim-run must be completed by 30 November, prior to Surf Education Awards being processed.

## Competition evaluation

After successfully completing the Competency Beach Evaluation, all children who wish to compete at carnivals, must complete the Competition Evaluation (open water swim as per the distances shown in the following table for that age group).

## Age Award

Age Award is a theory component of Nipper training. Each age group has a separate award to achieve during the season. This is done with the assistance of age managers and patrol members. All competencies and age award requirements need to be completed by 31 December to receive Age Award Certificate and Medal.

# Skills Table



## Junior Preliminary Evaluations – SLSQ

Child Name: \_\_\_\_\_ Age Group: \_\_\_\_\_ Club: \_\_\_\_\_

Instructions for Evaluation: Based on the child's age group, please ensure they can complete the tasks outlined in the table below.

Age Group	Flotation	Submersion	Propulsion	Task Complete/Comments
Under 6	Back or front float for a minimum of 5 seconds and recover to stand.	Submerge to touch the bottom with hands.	From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.	
Under 7	Back or front float for a minimum of 10 seconds and recover to stand.		From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.	
Under 8	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 metres)	
Under 9	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for a minimum of 1 minute.	Submerge to touch the bottom with hands.	Swim in front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.	
Under 10			Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.	
Under 11	Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum 2 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.	
Under 12	Front to back float or back to front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	
Under 13			Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	
Under 14		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.	

JAAO/Surf Coach/ Bronze Assessor Name: \_\_\_\_\_ Date Witnessed: \_\_\_\_\_

JAAO/Surf Coach/ Bronze Assessor Signature: \_\_\_\_\_



# General Nipper Information

## Points Days

Points days are held throughout the season. These days will be held during the year when conditions are suitable. They are run in carnival format with water and beach events. Points allocated on these days will be added to attendance points gained by attending training days. The aim of the points system is to develop and foster Surf Life Saving skills and reward participation.

Points are accumulated through the season to determine trophy winners for presentation day. Point's days are held at the discretion of the Patrol Captain and Junior Activities Chairman and may be rescheduled if conditions require.

## End of Season Presentation Night

The Nipper presentation night heralds the end of the season for our Nippers. This occasion recognises the efforts the children have put in during the season. Each child will receive a medal and a certificate that recognises the completion of the Junior Surf Education Program. All competencies and age award requirements need to be completed by 31 December to receive Age Award Certificate and Trophy.

Additional trophies are awarded per age group for the best performances on points days and attendance at training..

## Behaviour Management

Marcoola Nippers recognises that every person involved in surf life saving needs to be treated with respect and dignity, in a safe and supportive environment. Marcoola Nippers has a number of guidelines, policies and resources to assist members in maintaining a safe and nurturing environment:

### Behaviour Management Guidelines

Marcoola Nippers has a 'duty of care' to all children who attend and volunteers who assist with the running of nippers. Behavioural guidelines have been implemented and each child is asked to adhere to these guidelines. Any inappropriate behaviour will be dealt with within our Behavioural Management Guidelines (available from the Age Managers or Registrar)

## Age Groups

Below are the age group birth dates ranges associated with those age groups. There is no room for movement around these dates unfortunately and they must all be strictly adhered to.. For further information refer to the Junior Colour Caps & Age Group for Season Documents that can be located on the Club Website.



## Sunday Nippers

Training days aim to develop crucial life skills children need to be safe in and around the surf and beach environment and of course, to become future Marcoola lifesavers. Nipper training days are held Sunday mornings starting at 7:45am sharp and finishing around 10.30am. Nippers assemble with their age manager on the grass area on the top of the sand dunes prior to 7:45am. All children need to have applied sunscreen and bring their cap, a towel and water bottle.

All nippers must wear their nipper cap and rash vest to participate in nipper training. Caps are to be removed when the child has been told by their age manager that training has finished.

Parents must sign each child on at the start of each session and sign them off when they are collected at the end of nippers. Nippers are expected to adhere to our behavioral guidelines and may be asked to leave the training session if they do not.

Should a nipper session need to be cancelled due to beach closure or unfavourable weather conditions, we will notify parents via a text-messaging service and will endeavour to give you as much notice as possible. Please ensure you provide a mobile number when registering your child, otherwise you will not receive these text messages and will need to contact your Age Manager on Sunday morning to ascertain whether training is on.

### HOW TO BE A GOOD JUNIOR LIFESAVER

- Report to your age manager before the start of training and carnivals.
- Do not leave the training area or carnival tent without your age manager's permission.
- Always wear your cap at club training and when competing in carnivals.
- All gear must be washed down and returned to the storage area after use.
- Club boards must not be used without permission.
- Use sunscreen and have a water bottle during training.
- Remember you are a Marcoola team member.
- Learn and practice the lifesaving skills that your age manager will help you achieve.
- Always help out other team members.
- Always be polite and respect other members of your club and in your team.





## CONTACTS

[adminstrator@marcoolasurfclub.com.au](mailto:adminstrator@marcoolasurfclub.com.au)

[lifesaving@marcoolasurfclub.com.au](mailto:lifesaving@marcoolasurfclub.com.au)

(07) 5448 7311

64-76 Marcoola Esplanade, Marcoola Q 4564

[www.marcoolasurfclub.com.au](http://www.marcoolasurfclub.com.au)

## SOCIAL MEDIA

Send a request to join the group/s that apply to you and our admin will accept

### PRIVATE GROUPS

Marcoola SLSC

Marcoola Youth

Marcoola Nippers

### PUBLIC GROUPS

Marcoola Surf Club

Instagram - @marcoolasurfclub