

Every Nipper is required to complete an annual pool swim evaluation along with a surf swim evaluation (Run / Swim / Run) prior to commencing our program, to ensure their safety in the surf evironment.

NO POOL SWIM = NO SURF START

POOL SWIM - SWIMFIT COOLUM

OPTION 1: WEDNESDAY 13 SEPTEMBER

4pm - 5.30pm

4:00pm - 4:30pm- Under 8 & Under 9

4.30pm - 5:00pm - Under 10 & Under 11

5:00pm - 5:30pm - Under 12 & Under 13

OPTION 2: FRIDAY 15 SEPTEMBER

4pm - 5.30pm

4:00pm - 4:30pm- Under 8 & Under 9

4:30pm - 5:00pm - Under 10 & Under 11

5:00pm - 5:30pm - Under 12 & Under 13

OPTION 3: SUNDAY 1 OCTOBER

9.00am - 11.00am

9:00am - 9:45am- Under 8 & Under 9

9:45am - 10:15am - Under 10 & Under 11

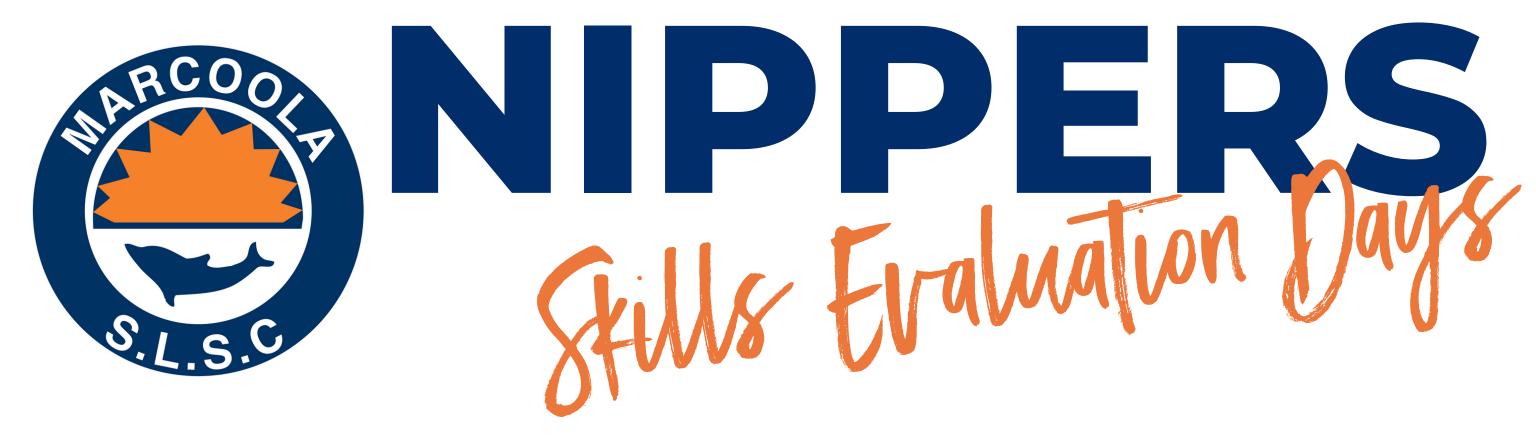
10:15am - 11:00am - Under 12 & Under 13

Notes: NIPPERS ARE REQUIRED TO ATTEND ONE POOL & ONE SURF SESSION ONLY!

Times are a guide only, in attempt to ensure these days run smoothly, please understand that it a huge task to get these evaluations completed for each of our Nippers, so your patience on these days is appreciated. We will try and accommodate families with nippers in multiple age groups where possible. Nippers please ensure to bring along your own googles, rash vest and nipper cap.

Under 14's are not required to complete a Pool Swim or Surf Evaluation on this day, it will be completed as part of their SRC Training Week.

We understand that these times and dates may not be suitable for all. It is mandatory that a Pool Swim is completed prior to any Nipper entering the Surf. If you can't make the advertised day please try and arrange the swim to be completed by a suitable qualified person at a time that suits and ensure the appropriate form is completed and submitted to the Nipper Team prior to attempting the Surf Evaluation.



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NO POOL & SURF SWIM = NO NIPPER START

SURF EVALUATION - MARCOOLA BEACH

SUNDAY 1 OCTOBER 10:30am - 12:00pm

10:30am - 11:00am - Under 8 & Under 9

11:00am - 11:30am - Under 10 & Under 11

11:30am - 12:00pm - Under 12 & Under 13

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